

ROCK RESOURCE GUIDE

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Community Crisis Response Program – City of Richmond

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TABLE OF CONTENTS

CONTENTS

SOCIAL SERVICES/ CASE MANAGEMENT 4

HOUSING..... 5

SHELTER..... 11

SAFE PARKING..... 25

FOOD/GROCERIES 26

CLOTHING 32

HYGIENE (SHOWERS/SUPPLIES)..... 33

JOB RESOURCES 34

LEGAL RESOURCES 38

TRANSPORTATION 39

MENTAL/BEHAVIORAL HEALTH RESOURCES 43

HARM REDUCTION AND SUBSTANCE USE 50

WOMEN’S SERVICES FOR ALCOHOL AND OTHER DRUGS..... 54

MEDICAL 62

Contra Costa Health Centers 69

SPECIAL POPULATION: YOUTH 72

SPECIAL POPULATIONS 72

SPECIAL POPULATION: SENIORS 79

SPECIAL POPULATION: FAMILIES/ CHILDREN/CHILDCARE 80

SPECIAL POPULATION: VETERANS..... 89

SPECIAL POPULATION: REFUGEES 92

SPECIAL POPULATION: LGBTQ..... 93

PETS 94

SEASONAL 96

SCAN HERE

FOR RESOURCES



www.findhelp.org

SOCIAL SERVICES/ CASE MANAGEMENT

Dial 2-1-1: Contra Costa County [211 Contra Costa | Contra Costa County, CA Official Website](http://www.contracostacounty.gov)

2-1-1 is a free, non-emergency, confidential, 3-digit phone number and service that provides easy access to housing information, and critical health and human services.

- 2-1-1 operates 24 hours a day, 7 days a week with multi-lingual capabilities.
- Individual must register with social services & will be assigned a social worker/case manager. - Many of our community members already are. - Services are vast and include housing support, CalFresh food stamps, CalWORKS, counseling, family services, DV support/resources, child abuse & neglect resources, Medi-Cal, nutrition, refugee & immigrant services, veterans services, general assistance, job training & empowerment programs, foster care services, & many more.

Contra Costa County Social Services Offices and Contacts

address	contact	Hours
Contra Costa County Employment & Human Services West County Office 1305 Macdonald Avenue Richmond, CA, 94801	(510) 412-3000	Monday – Friday 8 AM – 5 Pm
Central County Office 400 Ellinwood Way Pleasant Hill, CA, 94523	(925) 602-9379	Monday – Friday 8 AM – 5 PM
4545 Delta Fair Boulevard Antioch, CA, 94509	(925) 608-5980	Monday – Friday 8 AM – 5 PM
151 Sand Creek Road Brentwood, CA, 94513	(925) 513-3720	Monday – Friday 8 AM – 5 PM
151 Linus Pauling Drive, Hercules, CA, 94547	(510) 262-5100 (510) 262-7700	Monday – Friday 9 AM – 5 PM 8 AM – 5 PM

Note: The benefit to connecting a community member with 211 or CCC Social Services is that they can be provided multiple services through a single place, **as opposed to a smaller NGO/Non-Profit that would otherwise be able to offer 1 or 2 resource connections.** They can link up with general assistance, food stamps, coordinated entry system for housing, and many other resources.

It would be beneficial to find out if the community member already has a social worker or contact with CCC Social Services and may just possibly need to update, or reestablish, their link, whether through an in-person walk-in, appointment, or phone call.

HOUSING

Contra Costa Health

Dail 211:

Have community member call 211 and use coordinated entry links for housing. Individual will be walked through this process by the phone prompt system. Abode Services can be accessed through 2-1-1.

Listings for shelters, transitional and affordable housing

County programs for healthy housing services, home repair, weatherization, and energy efficiency services

- Financial resources for homeowners and tenants
- Counseling and legal services for tenants
- Landlord support resources
- Housing counseling for predatory or subprime lending
- Understanding the Relocation Ordinance
- Homelessness and dealing with criminal records
- Resources for paying utilities, back rent and help with deposits.

Residential Programs:

Residential programs offer 24/7 support, with at least 40 hours of counseling and structured activities each week.

Services Include:

- Personal treatment plan
- Support groups
- Vocational and job support
- Connection to other treatment services

CalWORKs – Housing Support Program – family housing support resource

Solid Ground Housing

Solid Ground Housing offers all-inclusive living arrangements that provide everything our guests need, including internet, TV, bed sheets, laundry machines, and, in some cases, transportation and meals. Locations are conveniently situated on bus lines and BART. Housing is available for a diverse range of individuals, including those who were formerly incarcerated or on parole or probation, people with mental or behavioral health issues, homeless individuals who need a transition, and those in need of sober living, among others.
Must submit an intake form and be placed on the waitlist. Housing depends on availability.

Contra Costa Transition Aged Youth (CCTAY)

Eligibility:

- This program helps people who are 16 to 25 years old.
- This program helps individuals who live in West Contra Costa County or the Concord/Martinez area who have significant mental health challenges and are homeless or at risk for homelessness.

Description:

The CCTAY program provides comprehensive services to promote stability for young adults who have significant mental health challenges and are homeless or at risk for homelessness. Individually designed services support participants to gain the skills, knowledge, and abilities to move successfully into adult life.

The program's primary goals are to:

- Assist young adults in achieving their recovery-oriented goals
- Help them obtain and stabilize in housing
- Build self-sufficiency skills to help them function effectively in their homes and communities

Our services are delivered by a team comprised of compassionate, committed multidisciplinary staff. Data show that participants in the program reach and maintain increased stability in their lives, including reduced hospitalizations and law enforcement contacts, as well as safe, stable housing options. As part of their recovery process, participants are encouraged to explore and discover meaningful life goals.

For more information or if you wish to make a referral, please contact us by email or phone.

Languages: English Cost: Reduced Cost	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: 2523 El Portal Drive Suite 201 San Pablo, CA 94806 Call 510-773-7686 Email emilyschramm@fredfinch.org to get more info	Phone: 510-773-7686 Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed

Meekland Permanent Supportive Housing by Building Opportunities for Self-Sufficiency (BOSS)

Eligibility:

- This program helps people who are 18 to 24 years old.
- Must be referred by Alameda County HomeStretch, Alameda County Office of Homeless Care Coordination, or by the 211 Coordinated Entry system.

Description:

BOSS provides permanent supportive housing for Transition Age Youth, aged 18 to 24.

Services include:

- Supportive housing

BOSS is unable to take walk-ins for shelter space.

Languages: English Cost: Reduced Cost	Coverage Area: This program covers residents of the following counties: Alameda County, CA, Contra Costa County, CA, Marin County, CA, San Francisco County, CA and San Mateo County, CA.	Location: 21757 Meekland Avenue Hayward, CA 94541 Get a referral from 211 Coordinated Entry System to apply	Phone: 510-537-1413 Email: tsilva@self-sufficiency.org Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM

			PDT Saturday: Closed
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HUD Public Housing Program by Richmond Housing Authority (RHA)

Eligibility:

- Must meet annual gross income requirements.
- Must have U.S. citizenship or eligible immigration status
- Must qualify as elderly, a person with a disability, or as a family

Description:

Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single family houses to apartments for elderly families.

This program provides:

- Affordable housing

If persons are interested in applying for public housing, please contact via phone for more information.

Languages:

English

Cost: Reduced Cost

Coverage Area:

This program covers residents of the following cities: Richmond, CA.

Location: 330 24th St
Richmond, CA 94804

Call: 510-621-1300

Sunday: Closed
Monday: 8:00 AM - 5:00 PM PDT
Tuesday: 8:00 AM - 5:00 PM PDT
Wednesday: 8:00 AM - 5:00 PM PDT
Thursday: 8:00 AM - 5:00 PM PDT
Friday: 8:00 AM - 5:00 PM PDT
Saturday: Closed

Homeless Assistance by the California Department of Social Services (CDSS)

Eligibility:

This program serves families who are experiencing homelessness or are at risk of homelessness.

Description:

The California Department of Social Services offers the Homeless Assistance program which helps families secure housing or prevent eviction.

This program offers:

- Financial assistance for temporary housing
- Financial assistance for permanent housing

Assistance may include:

- 16 days of temporary shelter with exceptions, including hotel or motel costs
- Security deposit and last month's rent or 2 months arrearages to prevent eviction

Languages: Chinese, English, Russian, Spanish, Vietnamese Cost: Free	Coverage Area: This program covers residents of the following states: CA.	Location: 1275 Hall Avenue Richmond, CA 94804 Call: <u>510-231-8114</u>	Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed
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SHELTER

Call 211 for available shelter resources

C.O.R.E OUTREACH

To notify a C.O.R.E. team about an unsheltered homeless individual or family, please call 211.

The Coordinated Outreach Referral, Engagement (C.O.R.E.) program works to engage and stabilize homeless individuals living outside through consistent outreach to facilitate and/or deliver health and basic need services and secure permanent housing.

C.O.R.E. teams serve as an entry point into Contra Costa's coordinated entry system for unsheltered persons and work to locate, engage, stabilize and house chronically homeless individuals and families. The outreach teams identify individuals living on the streets, assess their housing and service needs, and facilitate connection to shelter and services.

Emergency Shelter by Bay Area Rescue Mission

The Rescue Mission helps meet the basic needs of hurting and homeless men, women, and children in the Bay Area by providing them with food and a clean, safe place to sleep.

This program provides:

- Shelter
- Meals

Single men should arrive at 6:30 to receive shelter. Women and children should call in advance to check on availability.

Languages:

English, Spanish

Cost: Free

Coverage Area:

This program covers residents of the following counties: Contra Costa County, CA.

Location: 200 Macdonald

Avenue
Richmond, CA 94801

Phone: 510-215-4860

Sunday: 7:00 AM - 6:00 PM
PDT

Monday: 7:00 AM - 6:00 PM
PDT

Tuesday: 7:00 AM - 6:00 PM
PDT

Wednesday: 7:00 AM - 6:00
PM PDT

Thursday: 7:00 AM - 6:00 PM
PDT

Friday: 7:00 AM - 6:00 PM

			PDT Saturday: 7:00 AM - 6:00 PM PDT
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Community Support Services by Greater Richmond Interfaith Program (GRIP)

Greater Richmond Interfaith Project (GRIP) seeks to eradicate homelessness and revitalize the West County Community through case management, enrichment and training opportunities to help stabilize low- moderate income community members.

GRIP confidently provides the following services to help promote community engagement, housing and economic stability and self-sufficiency:

- Intensive Case Management
- Immediate Basic needs: food, clothing, showers, laundry and mail services
- Family Shelter (65 bed transitional housing program)
- Alcohol and Other Drug Services and Referrals
- Brokerage/ Linkages to Community Based Programs

You can call or visit to arrange an intake with case managers.

<p>Languages: English Cost: Free</p>	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.</p>	<p>Location: 165 22nd Street Richmond, CA 94801</p>	<p>Phone: 510-233-2141 Sunday: 11:30 AM - 1:00 PM PDT Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: 11:30 AM - 1:00 PM PDT</p>
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Housing Services by The Veterans Resource Program

The Veterans Resource Program (VRP) facility provides housing services for homeless veterans in the Bay Area. Veterans are able to rent a room/bed at a subsidized price tailored to meet the financial means of each veteran.

This program provides:

- Housing services

Additional services include:

- Help finding work

- Job training
- Information on higher educational opportunities

<p>Languages: English</p> <p>Cost: Reduced Cost</p>	<p>Coverage Area: This program covers residents of the following counties: Alameda County, CA, Contra Costa County, CA, Marin County, CA, Napa County, CA, San Francisco County, CA, San Mateo County, CA, Santa Clara County, CA, Solano County, CA and Sonoma County, CA</p>	<p>Location: 322 Harbour Way Suite 9 Richmond, CA 94804</p>	<p>Phone: 510-778-8785</p> <p>Sunday: Closed Monday: 9:30 AM - 12:30 PM Tuesday: 9:30 AM - 12:30 PM Wednesday: 9:30 AM - 12:30 PM Thursday: 9:30 AM - 12:30 PM Friday: 9:30 AM - 12:30 PM Saturday: Closed</p>
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Emergency Shelter for Adults by Contra Costa Health Services (CCHS)

Eligibility:

- This program serves adults who are homeless.
- This program helps people who are older than 17 years old.

Availability:

available

Description:

The emergency shelter program for adults provides shelter and supportive services to assist residents in ending their homelessness and attaining their highest level of self-sufficiency.

This program provides:

- Emergency shelter

If you are involved with case management during your stay, residents may stay up to 120 days.

Residents also receive:

- Meals
- Laundry facilities
- Mail
- Telephones
- Case management
- Referrals
- Specialized programs for adults 18-21 years of age

Languages: English Cost: Free Next Steps: Get a referral from 211 to get more info	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: 847-C Brookside Drive Richmond, CA 94801	Phone: 800-799-5699 Sunday: Open 24 Hours Monday: Open 24 Hours Tuesday: Open 24 Hours Wednesday: Open 24 Hours Thursday: Open 24 Hours Friday: Open 24 Hours Saturday: Open 24 Hours
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Sustainable Housing by Change to Come

Eligibility:

- Must be a drug addict/have a substance dependency.
- Must be a single parent.
- Must have some clean time and commit to sober living.

Description:
Change to Come provides sustainable housing and informational support to aid our single parents in gaining the tools needed to create self sufficiency and long term stability.

Services offered: Parent Support, Life Skills Program, Chemical Dependency Referrals, Individual Case Management, Mental Health and Health Care Referrals, Job Preparation Assistance, Re-entry Program Coordination

Languages: English Cost: Reduced Cost	Coverage Area: This program covers residents of the following counties: Alameda County, CA, Contra Costa County, CA, Marin County, CA, San Francisco County, CA and San Mateo County, CA.	Location: Visit the Website to contact and send referrals https://www.changetocome.org/	Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed
Go to the program's website			

Shelter Services by Insight Housing

Eligibility:

- Must have a referral form 211 to receive services.
- Must live in Alameda, Amador, Contra Costa, Sacramento, San Joaquin, or Salno Counties.

Description:

Insight Housing's Dwight Way Shelter in Berkeley accommodates two shelters. The women's shelter and the men's shelter, each have 32 beds. The Shelter offers those who are homeless a safe place to stay and support while they build income, skills, and seek permanent housing. The Shelter operates 365 days/year.

This program provides:

- Clean, warm beds
- Meals
- Shower & laundry facilities
- Access to computers & telephones
- Access to housing case managers
- Links to primary mental, dental & medical health
- Linkages to community & mainstream services'

<p>Languages: English Cost: Free</p>	<p>Coverage Area: If you are in need of shelter please call 211. If you are a homeless veteran please call 1-888-479-1926 (Alameda County); 1-855-862-1804 (Contra Costa & Solano Counties)</p>	<p>Location: Dwight Way Shelter in Berkeley</p>	<p>Phone: 510-649-4965 Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT</p>
			<p>Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed</p>

Homeless Veterans Initiative by Disabled American Veterans (DAV)

Eligibility:

Serves homeless veterans.

Description:

The DAV Homeless Veterans Initiative, supported by DAV's Charitable Service Trust and Columbia Trust, promotes the development of supportive housing and necessary services to assist homeless veterans in becoming productive, self-sufficient members of society. Our goal is to establish a partnership between the DAV and Federal, state, county and local governments to develop programs to assist homeless veterans in becoming self-sufficient.

Service:

- counsel individuals on the many VA benefits for which they may be entitled

Languages: English Cost: Free	Coverage Area: This program covers This program covers residents of All US states and territories.	Location: Contact Organization	Phone: 877-426-2838 Sunday: Closed Monday: 5:00 AM - 2:00 PM PDT Tuesday: 5:00 AM - 2:00 PM PDT Wednesday: 5:00 AM - 2:00 PM PDT Thursday: 5:00 AM - 2:00 PM PDT Friday: 5:00 AM - 2:00 PM PDT Saturday: Closed
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Emergency Shelter by La Casa De Las Madres			
<p>Eligibility: This program helps women and children who are fleeing domestic violence.</p> <p>Description: The Emergency Shelter is a confidentially-located and serves as a safe haven for women and children fleeing domestic violence. This program provides safety, comprehensive advocacy, and support services to up to 35 women and children each night.</p> <p>This program provides:</p> <ul style="list-style-type: none"> - Emergency shelter <p>Participants also benefit from:</p> <ul style="list-style-type: none"> - Individual counseling - Support groups - Practical living skills development - Resource advocacy - Support service referrals <p>Participants can stay up to eight weeks. Representatives are available 24/7 by phone to provide support. You can also text 415-200-3575 for help. Teens are encouraged to call 877-923-0700.</p>			
Languages: English Cost: Free	Coverage Area: This program covers residents of the following counties: Alameda County, CA, Contra Costa County, CA,	Location: Contact Organization	Phone: 877-503-1850 Sunday: Open 24 Hours Monday: Open 24 Hours Tuesday: Open 24 Hours

	Marin County, CA, San Francisco County, CA and San Mateo County, CA.		Wednesday: Open 24 Hours Thursday: Open 24 Hours Friday: Open 24 Hours Saturday: Open 24 Hours

Runaway and Homeless Youth Program by Northern CA Family Center

Eligibility:

This program helps people who are younger than 18 years old.

Description:

The Northern California Family Center works with youth, who have run away, have been kicked out, are truant, are out of parental control, or homeless.

This program provides:

- Outreach/Safe Place
- Short-term shelter for youth
- Family Mediation
- Follow-up counseling

Languages:

English

Cost: Free

Coverage Area:

This program covers residents of the following counties: Contra Costa County, CA.

Location: 2244 Pacheco

Boulevard
Martinez, CA 94553

Phone: 925-370-1990

Sunday: Open 24 Hours
Monday: Open 24 Hours
Tuesday: Open 24 Hours
Wednesday: Open 24 Hours
Thursday: Open 24 Hours
Friday: Open 24 Hours
Saturday: Open 24 Hours

Shelter by Winter Nights Family Shelter, Inc.

Eligibility:

- Must be a family with dependent children.
- Must be deemed homeless.

Description: Our shelter moves every two weeks between the meeting rooms of local faith communities. We provide a warm, bright, inviting environment for families with children. Large tents, sleeping pads, sleeping bags, bed linens, and towels are supplied.

We provide:

- Temporary Shelter

Services include:

- Meals
- Transportation
- Traveling tutors

<ul style="list-style-type: none"> - Employment assistance and resume building - Parent groups - Life coaching - Activities and celebrations - Clothing/personal care needs 			
Languages: English Cost: Free	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: Contact Call 925-435-2074 Email bill@cccwinternights.org to get more info	Phone: 925-435-2074 Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed

Transitional Housing by SHELTER, Inc.

Description:

Transitional Housing offers temporary housing combined with services to help homeless families and individuals overcome the challenges and barriers which led to homelessness. After an average stay of 12 months, 82% of participants move to stable housing (national average is 65%).

Services provided:

- Transitional Housing

For more information about this program, please call 925-338-1038. To apply for assistance, call between 9 - 4 p.m. M-F (except holidays). When calling, leave a voicemail and a representative will return your call as soon as possible.

Languages: English Cost: Free	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: 1333 Willow Pass Road Suite 206 Concord, CA 94520	Phone: 925-338-1038 Sunday: Closed Monday: 8:30 AM - 5:00 PM PDT Tuesday: 8:30 AM - 5:00 PM PDT Wednesday: 8:30 AM - 5:00 PM PDT Thursday: 8:30 AM - 5:00 PM PDT Friday: 8:30 AM - 5:00 PM

			PDT Saturday: Closed
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Rapid Rehousing by SHELTER, Inc.

Description:

SHELTER, Inc. offers rapid rehousing services to help homeless families and individuals overcome the challenges and barriers which led to homelessness.

This program provides:

- Emergency shelter
- Rental assistance
- Career development and job placement
- Tutoring for adults and children
- Counseling
- Parenting Classes
- Nutrition Classes

To apply for assistance call SHELTER, Inc.

<p>Languages: English</p> <p>Cost: Reduced Cost</p>	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.</p>	<p>Location:1333 Willow Pass Road Suite 206 Concord, CA 94520</p>	<p>Phone: 925-338-1038</p> <p>Sunday: Closed Monday: 9:00 AM - 4:00 PM PDT Tuesday: 9:00 AM - 4:00 PM PDT Wednesday: 9:00 AM - 4:00 PM PDT Thursday: 9:00 AM - 4:00 PM PDT Friday: 9:00 AM - 4:00 PM PDT Saturday: Closed</p>
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Homeless Shelter by Concord Shelter for Homeless Adults

Description:

The Concord Shelter for Homeless Adults provides temporary shelter and services to meet basic need when individuals fall on hard times and they have nowhere left to go.

Services include:

- Temporary shelter
- Food assistance

- Clothing assistance
- Case management

A 120 day stay is given and there is no fee. **Please call the 2-1-1 hotline to reach Core Outreach or call us for more information on these services.**

Languages: English Cost: Free	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: 2047 Arnold Industrial Way Concord, CA 94520	Phone: 925-646-5082 Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed
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Respite Care Program by Contra Costa Health Services – Philip Dorn Respite Center for the Homeless

Eligibility:

- This program helps people who are older than 17 years old.
- Must be homeless or lack adequate housing to support recovery.
- Must have a medical condition that can be effectively addressed within a limited amount of time, 6 weeks
- Must be willing and able to comply with C.C.C. Shelter and Medical Respite rules and agree to admission there.
- Must be able to perform all activities of daily living independently, including taking own medications.
- Must be independently mobile and able to self-transfer in and out of bed.
- Must be independent with wound care, or need assistance less than 4 times a week, or have Home Health nursing provided.
- Must be continent of urine and stool.
- Must not have received benzodiazepine for alcohol withdrawal in past 24 hours.
- Must be alert and oriented.
- Must not require IV therapy or other skilled nursing care.
- Must be behaviorally appropriate for a group setting.
- Must have a doctor's referral.

Description:

The Philip Dorn Respite Center is a respite care program for homeless adults who are discharging from local hospitals and require medical stabilization services. Respite care refers to recuperative services for those homeless persons who may not meet medical criteria for hospitalization, but who are too sick or medically vulnerable to reside in an emergency

shelter and cannot be returned to the streets.

This program provides:

- Case management (resources, advocacy, and guidance)
- Medical care and linkages
- Enrollment in Benefits and health coverage
- Referral for alcohol/other drugs detox and residential treatment services
- Meals
- Housing search assistance

Clients are only admitted when discharged from a hospital; walk-ins are not accepted. Medical professionals must complete and fax a Referral Form to their office and participate in a phone interview. Patients needing placement will be assessed by the Respite Nurse with the Contra Costa County Health Care for the Homeless Program, and bed availability will be determined from there. For questions and referrals, please call the Respite Center.

All patients must arrive with:

- 7+ days of current medications
- 7+ days of wound care supplies
- Any necessary medical equipment (respiratory, mobility devices, DM supplies)

<p>Languages: English Cost: Free</p>	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.</p>	<p>Location: 2047 Arnold Industrial Way Concord, CA 94520</p>	<p>Phone: 925-646-5309 Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 2:00 PM PDT Saturday: Closed</p>

Homeless Recovery Shelter by Love A Child Missions

Eligibility:

This program is for homeless women and children.

Description:

Love A Child Missions is a homeless shelter for women and children where we seek to promote healthy living and restore the confidence and dignity of all the women in our holistic approach for recovery.

Our services include:

- Emergency homeless shelter (75 beds)
- Food and clothing for shelter residents
- Emergency referral services to the homeless
- Family reunification support
- Legal/Court assistance
- Personal Growth classes and Christian counseling
- Parenting/Pregnancy education and support
- On-site children's educational assistance
- Weekly children's recreational activities
- Smoking Cessation/Prevention education
- Help with transportation to work or school
- On-site AA and NA meetings

<p>Languages: English</p> <p>Cost: Free</p>	<p>Coverage Area: This program covers residents of the following counties: Alameda County, CA, Contra Costa County, CA, Marin County, CA, San Francisco County, CA and San Mateo County, CA.</p>	<p>Location: 2279 Willow Pass Road Bay Point, CA 94565</p>	<p>Phone: 925-643-5170</p> <p>Sunday: 9:00 AM - 5:00 PM PDT</p> <p>Monday: 9:00 AM - 5:00 PM PDT</p> <p>Tuesday: 9:00 AM - 5:00 PM PDT</p> <p>Wednesday: 9:00 AM - 5:00 PM PDT</p> <p>Thursday: 9:00 AM - 5:00 PM PDT</p> <p>Friday: 9:00 AM - 5:00 PM PDT</p> <p>Saturday: 9:00 AM - 5:00 PM PDT</p>
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Shelter Program by Shepherd's Gate - Brentwood

Eligibility:

Follow the Next Steps to find out if this program has eligibility criteria.

Description:

The Shepherd's Gate program is for women (single or with children) who are seeking a Christ-centered program to heal from the hurts of the past and gain the services they need on the road towards recovery. The Shepherd's Gate Programs offer an opportunity for women and children to escape cycles of addiction, homelessness and abuse and to find lasting change through care of the whole person.

We offer:

- Temporary shelter

Shepherd’s Gate is a Christ-centered program that provides a comprehensive approach to learning the skills needed to live independently in the community. We welcome women (single or with children) who are seeking a structured program to heal from the hurts of the past and gain the services they need on the road towards recovery.

Women (single or with children) enter Shepherd’s Gate through the Short Term Program, which can range from 45-60 days. The Short-Term Program is designed to address the immediate needs of the woman and introduce her to recovery and life at Shepherd’s Gate. The Short-Term Program allows for the opportunity to establish long-term goals, discover areas of need and allow for a time of rest and healing. This is accomplished through intentional structured time away from distractions.

Upon completion of the Short-Term Program, women are eligible to apply for the Long-Term, Road to Freedom Program. The Road to Freedom program is designed to help women break free of the destructive cycles from their past and find healing and restoration. This 12-18 month program includes comprehensive education and life skills classes, 12-step recovery, job skills training, Bible studies, structured and caring childcare and Case Management, which assess the need for additional referrals such as counseling, support groups, financial and debt recovery support, and legal assistance.

<p>Languages: English</p> <p>Cost: Free</p>	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.</p>	<p>Location: 605 Sycamore Ave Brentwood, CA 94513</p> <p>Next Steps: Call 888-216-4776 Apply on their website</p>	<p>Phone: 925-308-7507</p> <p>Sunday: Closed Monday: 9:30 AM - 4:30 PM PDT Tuesday: 9:30 AM - 4:30 PM PDT Wednesday: 9:30 AM - 4:30 PM PDT Thursday: 9:30 AM - 4:30 PM PDT Friday: Closed Saturday: ClosedPDT Friday: 9:00 AM - 5:00 PM PDT Saturday: 9:00 AM - 5:00 PM PDT</p>

SAFE PARKING

FOR RICHMOND CITY RESIDENTS ONLY BELOW

DRAFT

FOOD/GROCERIES

SOS RICHMOND SAFE ORGANIZED SPACES

Staff work in the field to provide clean-up, mobile showers, laundry, **food**, clothing, drinking water, transportation, moving services, health care, and more

CLICK HERE FOR SCHEDULES SERVICES: [services](#) or go to <https://www.sos-richmond.org/services.html>

NEIGHBOR CARE LINE: 510.806.8650

CALL FOR TRASH PICK UP OR SUPPORT WITH ENCAMPMENT RELOCATION

MOST SERVICES ARE WALK-IN

School Meal Distribution by West Contra Costa Unified School District - Food Services Department

School Meal Distribution provides children 18 years of age and younger, regardless of income level or school attending, breakfast, lunch, supper, and snacks at no charge at the 15 school locations...

Main Services emergency food meals

Serving anyone in need: teens, infants, children, COVID-19 students, individuals

Next Steps:

Call 510-307-4580 Go to the program's website: [West Contra Costa Unified School District - School Nutrition And Fitness](#)

Food Pantry by Bay Area Rescue Mission

Bay Area Rescue Mission's Food Pantry & Distribution Center distributes food and other household items to our community, like-minded organizations and homeless to provide for their personal needs.

This program provides:

- Food to meet basic nutritional needs
- Clothing
- Household items

Languages:

English, Spanish

Cost: Free

Coverage Area:

This program covers residents of the following counties: Contra Costa County, CA.

Location: 123 Macdonald Avenue
Richmond, CA 94801

Phone: [510-215-4887](tel:510-215-4887)

Sunday: Closed
Monday: 8:00 AM - 4:00 PM PDT
Tuesday: 8:00 AM - 4:00 PM PDT

Notes: Monday - Friday: Community Food Giveaway (as supplies are available)Friday Morning: Housewares Community Giveaway (first come, first serve)			Wednesday: 8:00 AM - 4:00 PM PDT Thursday: 8:00 AM - 4:00 PM PDT Friday: 8:00 AM - 3:00 PM PDT Saturday: 8:00 AM - 3:00 PM PDT
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Emergency Food Pantry by Richmond			
Richmond Emergency Food Pantry addresses the needs of low-income individuals and households that lack a reliable access to affordable, nutritious food and may experience hunger on a regular basis. We support residents by providing: - Nutritious foods			
A typical food package includes: - Fruit juice - Tomato sauce - Canned and/or fresh vegetables	- Canned and/or fresh fruit - Spaghetti - Fresh potatoes - Milk - Fresh onions - Soup	- Canned salmon or chicken - Frozen meat, chicken, or fish - Peanut butter - Dry cereal - Dry beans - Rice - Bread	Phone: 510-235-9732 Sunday: Closed Monday: Closed Tuesday: 11:00 AM - 3:00 PM PDT Wednesday: Closed Thursday: Closed Friday: 11:00 AM - 3:00 PM PDT Saturday: Closed
Languages: English Cost: Free	Coverage Area: This program covers residents of the following cities: Richmond, CA. Documents Required Identification: Required. Proof of Income: Required. Household Member Documents: For families of six or more it is necessary to show some form of ID (for example, California Medical card or school ID) for each member of the household.	Nearest Locations to 94804 Grace Lutheran Church Get Directions 2369 Barrett Avenue Richmond, CA 94804	

Food Pantry by Bethel Church

Bethel Church's Feeding Ministry provides bags of groceries once a month to anyone in need. Community and members are eligible. Provide food distribution.

Languages: English Cost: Free	Coverage Area: This program covers residents of the following cities: Richmond, CA.	Location: 3429 Cutting Boulevard Richmond, CA 94804	Phone: 510-236-3598 Notes: Visit website for special holiday distribution hours in November and December. Sunday: Closed Monday: Closed Tuesday: Closed Wednesday: Closed Thursday: 11:30 AM - 12:30 PM PDT Friday: Closed Saturday: Closed
Notes: Visit website for special holiday distribution hours in November and December.			

Food Distribution by Southside Church of Christ

Bethel Church's Feeding Ministry provides bags of groceries once a month to anyone in need. Community and members are eligible. Provide food distribution.

Languages: English Cost: Free	Coverage Area: This program covers residents of the following cities: Richmond, CA.	Location: 3429 Cutting Boulevard Richmond, CA 94804	Phone: 510-236-3598 Sunday: Closed Monday: Closed Tuesday: Closed Wednesday: Closed Thursday: 11:30 AM - 12:30 PM PDT Friday: Closed Saturday: Closed
Notes: Visit website for special holiday distribution hours in November and December			

Community Produce Program by West County Courthouse

The Community Produce Program provides 15 to 25 pounds of fresh produce two times per month to qualifying households that are in need of food assistance. This program provides produce. Please bring a bag with two handles.

Languages: English Cost: Free	Coverage Area:	Location: Bissell Avenue Richmond, CA 94805	Sunday: Closed Monday: Closed Tuesday: Closed
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	This program covers residents of the following cities: Richmond, CA.		Wednesday: Closed Thursday: 2:00 PM - 3:00 PM PDT Friday: Closed Saturday: Closed
Notes: 1st and 3rd Thursday			

Brown Bag Program by City of Richmond – Booker T. Anderson Community Center

The Booker T. Anderson Community Center offers their Brown Bag Program which provides free fresh produce twice a month. This program supplies critical nutrition to hungry individuals and families.

Languages: English Cost: Free	Coverage Area: This program covers residents of the following: Contra Costa County, CA.	Location: 960 South 47th Street Richmond, CA 94804	Phone: 510-620-6960 Sunday: Closed Monday: Closed Tuesday: Closed Wednesday: Closed Thursday: Closed Friday: 9:30 AM - 6:00 PM PDT Saturday: Closed
Notes: Provided on the 2nd and 4th Friday of the month.			

Food Pantry by Sojourner Truth Prebyterian Church (STPC)

The Sojourner Truth Food Pantry provides a variety of canned goods, juice, bread, milk, eggs, pasta, and meats to individuals and families in need of assistance.

The program provides:
- Food to meet basic nutritional needs

Languages: English Cost: Free	Coverage Area: This program covers residents of the following cities: Richmond, CA.	Location: 2621 Shane Drive Richmond, CA 94806	Phone: 510-222-2020 Closed Now Sunday: Closed Monday: Closed Tuesday: Closed Wednesday: Closed Thursday: Closed Friday: Closed Saturday: 12:00 PM - 2:00 PM PDT
Notes: The food pantry is provided on the 3rd Saturday 12:00 p.m. to 2:00 p.m.. Fresh produce is also provided on first and third Saturdays from 12:00 p.m. to 1:00 p.m.			

Contra Costa County Food Bank by City of Richmond – Nevin Community Center

The Contra Costa County Food Bank provides quality food items to households experiencing food insecurity. This program supplies critical nutrition to hungry individuals and families.

This program provides:

- Food to meet basic nutritional needs

<p>Languages: English Cost: Free</p>	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.</p>	<p>Location: 598 Nevin Avenue Richmond, CA 94804</p>	<p>Phone: 510-620-6813 Open Now: 09:30 AM - 06:00 PM PDT Sunday: Closed Monday: 9:30 AM - 6:00 PM PDT</p>
<p>The food pantry is offered every 2nd & 4th Tuesday of the Month. Please reach out by phone for more information on this service.</p>			<p>Tuesday: 9:30 AM - 6:00 PM PDT Wednesday: 9:30 AM - 6:00 PM PDT Thursday: 9:30 AM - 6:00 PM PDT Friday: 9:30 AM - 6:00 PM PDT Saturday: Closed</p>

Senior Food Program by San Pablo Senior Center

The San Pablo Senior Center hosts a Senior Food Program that provides free groceries twice a month to individuals aged 55 or older who meet income guidelines.

This program provides:

- Food to meet basic nutritional needs

<p>Eligibility:</p> <ul style="list-style-type: none"> • This program helps people who are older than 54 years old. • Must meet income guidelines. • Must be a resident of Solano or Contra Costa County. 	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA and Solano County, CA.</p>	<p>Location: 1667 Folsom Avenue San Pablo, CA 94806</p>	<p>Call 510-215-3098 Sunday: Closed Monday: Closed Tuesday: Closed Wednesday: Closed Thursday: Closed Friday: 10:00 AM - 11:00 AM PDT Saturday: Closed</p>
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Notes: 1st and 3rd Friday of the month.			
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CARE Center by Contra Costa Continuum of Care			
<p>Eligibility: Anyone can access this program.</p> <p>Description: Contra Costa Continuum of Care offers their Coordinated Assessment Resource and Engagement (CARE) Center as drop-in sites for people experiencing homelessness.</p> <p>This program providea:</p> <ul style="list-style-type: none"> - Meals - Basic needs (laundry, mail, showers) - Case management 			
<p>Languages: English</p> <p>Cost: Free</p>	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.</p>	<p>Location: 165 22nd Street Richmond, CA 94801</p>	<p>Sunday: 8:00 AM - 2:00 PM PDT Monday: 9:00 AM - 3:00 PM PDT Tuesday: 9:00 AM - 3:00 PM PDT Wednesday: 9:00 AM - 3:00 PM PDT Thursday: 9:00 AM - 3:00 PM PDT Friday: 9:00 AM - 3:00 PM PDT Saturday: 8:00 AM - 2:00 PM PDT</p>

CLOTHING

SOS RICHMOND SAFE ORGANIZED SPACES

Staff work in the field to provide clean-up, mobile showers, laundry, food, **clothing**, drinking water, transportation, moving services, health care, and more

CLICK HERE FOR SCHEDULES SERVICES: [services](#) or go to <https://www.sos-richmond.org/services.html>

NEIGHBOR CARE LINE: 510.806.8650

CALL FOR TRASH PICK UP OR SUPPORT WITH ENCAMPMENT RELOCATION

MOST SERVICES ARE WALK-IN

Bay Area Rescue Mission (BARM)

Eligibility:

This program serves homeless individuals and families.

Description:

Bay Area Rescue Mission's Food Pantry & Distribution Center distributes food and other household items to our community, like-minded organizations and homeless to provide for their personal needs.

This program provides:

- Food to meet basic nutritional needs
- **Clothing**
- Household items

Languages: English, Spanish

Coverage Area:
This program covers residents of the following counties: Contra Costa County, CA.

Location: 123 Macdonald Avenue
Richmond, CA 94801

Phone: 510-215-4887
 Sunday: Closed
 Monday: 8:00 AM - 4:00 PM PDT
 Tuesday: 8:00 AM - 4:00 PM PDT
 Wednesday: 8:00 AM - 4:00 PM PDT
 Thursday: 8:00 AM - 4:00 PM PDT
 Friday: 8:00 AM - 3:00 PM PDT
 Saturday: 8:00 AM - 3:00 PM PDT

HYGIENE (SHOWERS/SUPPLIES)

SOS RICHMOND SAFE ORGANIZED SPACES

Staff work in the field to provide clean-up, **mobile showers**, laundry, food, clothing, drinking water, transportation, moving services, health care, and more

CLICK HERE FOR SCHEDULES SERVICES: [services](#) or go to <https://www.sos-richmond.org/services.html>

NEIGHBOR CARE LINE: 510.806.8650

CALL FOR TRASH PICK UP OR SUPPORT WITH ENCAMPMENT RELOCATION

MOST SERVICES ARE WALK-IN

CARE Center by Contra Costa Continuum of Care

Eligibility:

Anyone can access this program.

Description:

Contra Costa Continuum of Care offers their Coordinated Assessment Resource and Engagement (CARE) Center as drop-in sites for people experiencing homelessness.

This program provides:

- Meals
- Basic needs (laundry, mail, showers)
- Case management

Languages: English

Cost: Free

Coverage Area:

This program covers residents of the following counties: Contra Costa County, CA.

Location: 165 22nd Street
Richmond, CA 94801

Sunday: 8:00 AM - 2:00 PM PDT
Monday: 9:00 AM - 3:00 PM PDT
Tuesday: 9:00 AM - 3:00 PM PDT
Wednesday: 9:00 AM - 3:00 PM PDT
Thursday: 9:00 AM - 3:00 PM PDT
Friday: 9:00 AM - 3:00 PM PDT
Saturday: 8:00 AM - 2:00 PM PDT

JOB RESOURCES

SOS RICHMOND SAFE ORGANIZED SPACES

Staff work in the field to provide clean-up, mobile showers, laundry, food, clothing, drinking water, transportation, moving services, health care, and more

CLICK HERE FOR SCHEDULES SERVICES: [services](#).

NEIGHBOR CARE LINE: 510.806.8650

CALL FOR TRASH PICK UP OR SUPPORT WITH ENCAMPMENT RELOCATION

MOST SERVICES ARE WALK-IN

Contra Costa County Employment & Human Services

West County Office in Richmond, California

Fruitvale Ave. Oakland 94602 (@ School St.)

(510) 295-5076.

To join Downtown Streets Team – individual can meet with them on Thursdays at 1230 at First Presbyterian Church of Oakland, 2619 Broadway, Oakland, CA 94612 (near corner of 27th St. and Broadway). Volunteer work experience program that leads to paid full-time positions across Oakland, Berkeley, & Hayward. Note: Volunteers get gift cards for groceries, pharmacy, transportation, clothing, etc. Up to \$120 a week in cards. Once hired, it is a PAID position.

Job Skills Training by Bay Area Rescue Mission (BARM)

Description:

Job Skills Training is a component of our Life Transformation (Recovery) Program and provides on-the-job training and career opportunities in the food service industry. Our program residents are able to work in the kitchen environment and train for employment in the food service sector. We maintain a strong collaboration with Contra Costa Colleges Culinary Arts department which provides college credit to our culinary arts students.

Languages: English	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: 2114 Macdonald Avenue Richmond, CA 94801	Phone: 510-215-4555 Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed
Cost: Free			

Library Services by City of Richmond Library & Cultural Services Department

The Richmond Public Library offers numerous resources for your job search and career development.

Services include:

- Check titles in the Job Information Center
- Find specialized test preparation resources in subject areas
- Find books to help with resumé preparation
- Use our public computers to apply for jobs online or create your resumé

Languages: English, Spanish Cost: Free	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: 325 Civic Center Plaza Richmond, CA 94804	Phone: 510-620-6561 Sunday: Closed Monday: 1:00 PM - 4:30 PM PDT Tuesday: 1:00 PM - 4:30 PM PDT Wednesday: 3:00 PM - 6:30 PM PDT Thursday: 1:00 PM - 4:30 PM PDT Friday: 1:00 PM - 4:30 PM PDT Saturday: Closed

Youth Services by EASTBAYWorks

Eligibility:

This program helps people who are 16 to 24 years old.

Description:

At one of our EASTBAYWorks Youth Service providers, you can get training and assistance to land your first job, re-enter the workforce, and explore careers through industry-sponsored activities, internships, field trips and more.

Our youth services include the following:

- Tutoring and instruction towards high school completion
- Occupational skills training towards postsecondary credentials
- Paid and unpaid work experiences: summer and year-round employment, on-the-job training, and pre-apprenticeship internships
- Exposure to in-demand industries
- Career exploration
- Leadership development

<ul style="list-style-type: none"> - Supportive services - Adult mentoring 			
Languages: English Cost: Free	Coverage Area: This program covers residents of the following counties: Alameda County, CA and Contra Costa County, CA.	Location: 2705 Macdonald Avenue Richmond, CA 94804	Phone: 510-412-2044 Sunday: Closed Monday: 10:00 AM - 6:00 PM PDT Tuesday: 10:00 AM - 6:00 PM PDT Wednesday: 10:00 AM - 6:00 PM PDT Thursday: 10:00 AM - 6:00 PM PDT Friday: 9:00 AM - 5:00 PM PDT Saturday: Closed

RichmondWORKS by City of Richmond

Description:
 RichmondWORKS is your One Stop for all your employment needs. Our Career Center offers a comprehensive array of services to assist individuals from entry to advanced level career training opportunities. Call or stop by and our professional and friendly staff will help you in all of these service areas:

- Job Search Assistance
- Job Referrals
- Internet Access and Email
- Software Tutorials
- Resume Preparation
- Computers/Phone/Fax
- Career Counseling
- Vocational Training and Programs
- Labor Market Information
- College Information
- Comprehensive Assessment of Skills
- Typing Tests
- Literacy (LEAP) Services
- Dislocated Workers
- Youth
- California Training Benefits

Our Job Seeker Services services include helping you if you are looking for a job or new career, need guidance on your resume or interviewing preparation and learning new skills. These and other topics are discussed in our one-on-one Job Search Career Counseling. Career Counseling Hours are 9:30 am to 11:30 am - Tuesday & Wednesday.

Languages: English Cost: Free	Coverage Area: This program covers residents of the	Location: 330 25th Street Richmond, CA 94804	Phone: 510-307-8014
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	following cities: Richmond, CA.		Sunday: Closed Monday: 9:00 AM - 4:00 PM PDT Tuesday: 9:00 AM - 4:00 PM PDT Wednesday: 9:00 AM - 4:00 PM PDT Thursday: 9:00 AM - 4:00 PM PDT Friday: 9:00 AM - 4:00 PM PDT Saturday: Closed

Career Services by Rubicon Programs

Description:

Rubicon helps our participants build a career that will provide them with the resources they need to achieve their long-term goals. We help them find employment to meet their immediate needs, while building the skills and network to launch a meaningful career.

Please call to make an appointment with one of our Ambassadors at our Richmond or Antioch locations. If our program seems like a good fit, you will be scheduled to meet with one of our Impact Coaches to discuss your goals, and our program eligibility requirements.

Languages: English Cost: Free	Coverage Area: This program covers residents of the following counties: Alameda County, CA and Contra Costa County, CA.	Location: 101 Broadway Richmond, CA 94804	Phone: 510-412-1725 Sunday: Closed Monday: 9:00 AM - 6:00 PM PDT Tuesday: 9:00 AM - 6:00 PM PDT Wednesday: 9:00 AM - 6:00 PM PDT Thursday: 9:00 AM - 6:00 PM PDT Friday: 9:00 AM - 6:00 PM PDT Saturday: Closed

LEGAL RESOURCES

Bay Area Legal Aid –

☎ Free Legal Advice Phone Line (Toll Free): [1\(800\) 551-5554](tel:18005515554)

○ M and Th 0930-1500 // Tue and W 0930-1300

☎ Problems with health care access and coverage: [1\(855\) 693-7285](tel:18556937285)

○ M-Th 0900-1700 // F 0900-1300

DRAFT

TRANSPORTATION

SOS RICHMOND SAFE ORGANIZED SPACES

Staff work in the field to provide clean-up, mobile showers, laundry, food, clothing, drinking water, **transportation**, moving services, health care, and more

CLICK HERE FOR SCHEDULES SERVICES: [services](#).

NEIGHBOR CARE LINE: 510.806.8650

CALL FOR TRASH PICK UP OR SUPPORT WITH ENCAMPMENT RELOCATION

MOST SERVICES ARE WALK-IN

R-Transit by Transportation Division - Richmond

Eligibility:

- Must be either a resident of Richmond, North Richmond, El Sobrante, or Kensington.
- Applicants between the ages of 18-54 must provide proof of disability.

Description:

R-Transit provides safe and reliable transportation for seniors and individuals with disabilities in an effort to improve their access to community services and activities, to decrease their experience of social isolation, and to enhance their abilities to remain living independently in their chosen communities.

Services provided:

- Transportation services

Programs offered by R-Transit:

- Demand-response, in partnership with Lyft
- Individual trips
- Group trips
- Standing orders
- Special purpose group tours
- Shuttle services
- Nutrition site transportation

Languages: English

Cost: Reduced Cost

Documents Required

Identification: Required

Coverage Area:

This program covers residents of the following cities: El Sobrante, CA and Richmond, CA.

Phone: 510-307-8080

Sunday: Closed
 Monday: 8:30 AM - 5:00 PM PDT
 Tuesday: 8:30 AM - 5:00 PM PDT
 Wednesday: 8:30 AM - 5:00 PM PDT

Proof of Residency: Required			Thursday: 8:30 AM - 5:00 PM PDT Friday: 8:30 AM - 5:00 PM PDT Saturday: Closed
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Easy Ride Paratransit Service by El Cerrito Midtown Activity Center

Eligibility:

Must be a senior aged 65 or older, or an adult aged 18 or older with disabilities.

Description:

El Cerrito Midtown Activity Center offers Easy Ride Paratransit Service to help El Cerrito Residents 65 and older and people with disabilities 18 years and older perform daily activities within the City of El Cerrito.

We offer:

- Paratransit service

We offer transportation for:

- Shopping
- Banking
- Community Meeting
- Getting to appointments: hairdresser, nail salon, doctor, dentist, dialysis etc.
- Visiting friends and family
- Attending afternoon classes or recreational program
- Work

An ERPS application form is available for pick-up at the El Cerrito Midtown Activity Center, 10940 San Pablo Avenue in El Cerrito or on our website. Application must be completed before scheduling a ride.

The cost for van service is \$2 per one-way ride. Tickets are sold only in books of ten, \$20 per book, at the Midtown Activity Center, 10940 San Pablo Avenue.

Languages: English	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: 10940 San Pablo Avenue El Cerrito, CA 94530 Phone: 510-215-4300	Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT
Cost: Reduced Cost			
Documents Required Identification: Required Proof of Residency: Required			Thursday: 8:00 AM - 5:00 PM PDT

			Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed
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Door-to-Door Shuttle by The City Of San Pablo Paratransit Services

Eligibility:

- This program helps people who are older than 18 years old.
- Must be at least 50 years of age or have a documented disability.

Description:

The City Of San Pablo's Door-to-Door Shuttle offers essential transportation to medical appointments, the grocery store and the bank to individuals who are at least 50 years of age or have a disability.

We provide:

- Transportation to medical appointments, local grocery stores, shopping centers, religious services and for visiting friends

Our service area spans all of San Pablo, parts of Richmond, Pinole and El Sobrante. Rides cost 2.00 each way for residents and \$4 for non-residents. Reservations must be made one business day or 3 days in advance. First round trip ride is free when you register.

Languages: English, Spanish	Coverage Area: This program covers residents of the following cities: El Sobrante, CA, Pinole, CA, Richmond, CA and San Pablo, CA.	Location: City of San Pablo Phone: 510-215-3095	Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed
Cost: Reduced Cost			
Documents Required Identification: Government issued photo ID or photo ID with utility bill.			

HIV/AIDS Outreach and Prevention by Neighborhood House of North Richmond (NHNR)

Description:

The HIV/AIDS Outreach and Prevention program assists HIV men and women with improving their health and quality of life, by helping them attend their medical appointments, assisting them with following their medical treatment plans, by providing emotional support, health education, risk reduction services and coordination with case management services.

NHNR's program coordinator provides services through Contra Costa AIDS Program.

This program provides:

- Transportation for healthcare
- Emotional support
- Health education
- Risk reduction services
- Case management

<p>Languages: English, Spanish</p> <p>Cost: Free</p>	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.</p>	<p>Location: 515 Silver Avenue Richmond, CA 94801</p> <p>Phone: 510-232-3511</p>	<p>Sunday: Closed</p> <p>Monday: 8:00 AM - 5:00 PM PDT</p> <p>Tuesday: 8:00 AM - 5:00 PM PDT</p> <p>Wednesday: 8:00 AM - 5:00 PM PDT</p> <p>Thursday: 8:00 AM - 5:00 PM PDT</p> <p>Friday: 8:00 AM - 5:00 PM PDT</p> <p>Saturday: Closed</p>
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WHEELCHAIR SUPPORT

Easy Does It: Wheelchair Breakdown Response Service and Emergency Accessible Rides- *On call 7 days a week. Mon-Fri 0900-2300, Sat and Sun 1000-2300 //*

(510) 704-2111. within 45 minutes. Mobile repair technician will attempt basic repairs on site. If repairs cannot be done on site, they can transport to a safe location or their home and, if desired, take the chair to their shop and perform repairs there. This service is free and funded through Alameda County Transportation Commission. May require some information/application process first, but it's quick.

TRANSPORTATION: LONG DISTANCE RIDES

Homeward Bound Program- Can be used by any Bay Area person experiencing homelessness and can get a ride anywhere that GreyHound services in the contiguous 48 United States. Community Member must have a contact person at destination.

-Individual should visit one of SF Health and Human Services Adult Coordinated Entry Access

MENTAL/BEHAVIORAL HEALTH RESOURCES

Psychiatric Emergency Services

Address	Hours	Contact
2500 Alhambra Ave, Martinez, CA 94553 (Located at the back of the hospital near the Emergency Department)	24/7 psychiatric care for adults	Phone: 925- 646-2800

Contra Costa Youth Stabilization Unit (Ages 6-17)

address	hours	contact
25 Allen Street, Suite B, Martinez, CA 94553	24/7	<u>844-844-4451</u>

About/services: The Contra Costa Youth Stabilization Unit in Martinez assists youth ages 6-17 during the first 24 hours of a mental health crisis when they may pose a danger to themselves or others. Care teams include psychiatrists, nurses, clinicians, and crisis specialists. They provide crisis intervention, mental health assessments, therapy, medication support, and peer assistance. The program aims to create a calming environment to stabilize patients and connect them with mental health services, minimizing the need for inpatient care.

A3 Crisis Response

address	hours	contact
Telephone service	24/7	<u>844-844-5544</u>

About/services: A3 is Contra Costa County's innovative approach to provide timely and appropriate mental and behavioral health crisis services to anyone, anywhere, at anytime in the county.

ACBH Mobile Crisis Unit		
address	hours	contact
mobile	M-F: 0830-1800	(510) 891-5600
<p><u>About/services:</u> Free regardless of insurance status, Available to all ages – birth to older adults. Emergency crisis assessment/intervention services conducted in the field. Early intervention before the situation escalates to a critical crisis point. Consultation services provided to consumers, housing/support systems, mental health providers, and other concerned parties</p>		

Mental Health Services for Adults & Caregivers by Contra Costa Health Services (CCHS) – Behavioral Health Service (BHS)

Eligibility:

- This program helps people who are older than 17 years old.
- Must be a Contra Costa resident.
- Must have Medi-Cal or Medicare.

Availability:

available

Description:

Contra Costa Mental Health provides outpatient mental health services to adults of Contra Costa County. Services are offered at three regional adult mental health clinics.

Clinic services include:

- Psychiatric and medication assessments, consultation, and medication management
- Individual, family, and group outpatient therapy
- Case management to coordinate services
- Community Support Workers to help navigate our services and resources
- Family Support Workers available to inform and support family members of participants
- Wellness and prevention planning using the Wellness Recovery Action Plan (WRAP) process
- Assistance planning and managing financial benefits and resources
- Crisis intervention

Languages: English	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: 13585 San Pablo Avenue 2nd Floor San Pablo, CA 94601515 Silver	Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT
Cost: Reduced Cost			

		Avenue Richmond, CA 94801 Phone: 510-942- 4700	Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed

DRAFT

Inpatient Psychiatric Services

Eligibility:

- This program helps people who are older than 18 years old with acute behavioral health concerns.

Description:

Inpatient Psychiatric Services provides 23 acute psychiatric beds. It is operated on a 24-hour basis, and admission to the inpatient unit can be either on a voluntary or involuntary basis. The unit is staffed with nurses, physicians, social workers, and occupational therapists, and provides care aimed at helping patients recover in a supportive environment.

We provide our patients with structure, psychotherapy and support groups. In addition to psychiatric services, an internist visits the unit daily to address general medical concerns.

We welcome family members, friends, and support persons on the unit and recognize them as important partners in care.

Services Offered:

1. **Comprehensive Evaluation:** Diagnostic work-up, psychological testing, evaluation of patient strengths/needs, assessment of psychosocial factors (family, financial, vocational, and educational), and task behavior assessment.
2. **Psychotherapy:** Individual, group, and family.
3. **Activities Therapy:** Art, music, movement, self-care, occupational therapy, and other specialized groups, including 12-step programs.
4. **Recreation:** Sports, exercise, dance, indoor games, social events, and music.
5. **Medication:** As indicated and determined in partnership with the individual patient's treatment team.
6. **Education:** Self-care, medication, money-management, family education, symptom awareness and management.
7. **Discharge Planning and Placement:** Discharge planning is an essential part of our work with individuals and care providers and begins from the time of admission.
8. **Medical and Physical Health Evaluation:** Treatment and care as indicated by individual patient need

Phone Numbers

Mental Health Advice

1-888-678-7277

Hospital Administration

925-370-5100

Chief Psychiatrist

925-370-5713

Nurse Program Manager

925-370-5438

Psychiatric Services 4C**925-370-5389****Psychiatric Emergency Services****925-646-2800****Central County – Adult Mental Health Services****Eligibility:**

We serve a culturally diverse community of people in Central Contra Costa County struggling with severe and persistent mental illness and/or co-occurring disorders. We provide a collaborative-care treatment model that offers patients mental health services using a multi-disciplinary team approach. Care teams include psychiatrists, clinicians, case managers and peer-support staff.

Services Offered

- Psychiatric and outpatient services
- Medication support
- Individual, family and group therapy
- Case management
- FSP services

Languages:**Cost:****Coverage Area:**

This program covers residents of the following counties:
Central Contra Costa County, CA.

Location: 1420

Willow Pass Road
Suite 200
Concord, CA 94520

Phone: 925-646-5480

Sunday: Closed

Monday: 8:00 AM - 5:00 PM PDT

Tuesday: 8:00 AM - 5:00 PM PDT

Wednesday: 8:00 AM - 5:00 PM PDT

Thursday: 8:00 AM - 5:00 PM PDT

Friday: 8:00 AM - 5:00 PM PDT

Saturday: Closed

Miller Wellness Center (Martinez)**Description:**

We are committed to providing equal access to care regardless of the language you speak. We provide face to face or over the phone interpretation services for a variety of languages. When making an appointment please inform the appointment clerk of your needs for an interpreter.

Services

- Primary care
- Family Medicine
- Pediatrics
- Adult Medicine
- Behavioral Health
- Autism, Behavior & Child Development (ABCD) Clinic
- Group Classes

Languages:**Cost:****Coverage Area:**

This program covers residents of the following counties: Central Contra Costa County, CA.

Location: 25 Allen Street
Martinez, CA 94553

925-655-0600
1-800-495-8885
(Appointments)
1-877-905-4545
(Information)

Behavioral Health Hours of Operation

Monday - Friday
12:00 pm - 8:15 pm

Saturday
8:00 am - 4:15 pm

Closed Sunday
*Behavioral Health closed on all major holidays.

Appointment required. Walk-ins not accepted.

GART Program – (510) 891-5600: mobile support team for older adults, 60 & up, with behavioral health care needs. Covers medi-cal & medicare.

DRAFT

HARM REDUCTION AND SUBSTANCE USE

HARM REDUCTION & SUBSTANCE USE: DETOX & WITHDRAWAL SUPPORT

Richmond Health & Wellness Center

Eligibility:

- Males (Age 18 and above)

Description:

WestCare California, Inc.'s Richmond Health and Wellness Center is a 25 bed facility that serves Contra Costa County and provides co-occurring drug and/or alcohol addiction treatment services for 15 males (Age 18 and above) in a safe and supportive environment that is grounded in the fundamental belief that services need to be person-centered and focused on wellness and recovery. Additionally, 10 beds are reserved for clinically-managed detoxification services, with an opportunity for transitioning into the appropriate level of care after completion. This 24/7 program is designed to meet the person where they are in their stage of recovery with an emphasis on understanding the unique mental, emotional, and social factors that influence their drug and/or alcohol use. Residential treatment offers men an environment where they focus on their recovery without the distractions of everyday life.

The program Scope & Services:

Residential substance abuse treatment for up to 90 days

Detoxification services between 1 to 14 days

Individual sessions with a Licensed Practitioner of Healing Arts (LPHA)

Case management

Educational, social, housing and vocational services

Direct referrals to mental health and physical health care services provided by Contra Costa County

Languages:

English

Cost: Varies according to income and if uninsured

Coverage Area:

This program covers residents of the following counties:

Location: 208 23rd Street, Richmond, California, 94804

Phone:

(510) 216-4601

Mon

8:00 am - 5:00 pm

Tue

8:00 am - 5:00 pm

	Contra Costa County, CA.		Wed 8:00 am - 5:00 pm
No required documents		<u>Intake Procedure: By appointment, call Alcohol and Other Drugs for assessment and placement into the program. Individuals can self-refer as well as hospitals, law enforcement, and probation offices.</u>	Thu 8:00 am - 5:00 pm Fri 8:00 am - 5:00 pm Sat Closed Sun Closed

East County - Adult Mental Health

Description:

We support a diverse community in East Contra Costa County dealing with severe **mental illness and co-occurring disorders** through a multi-disciplinary team of psychiatrists, nurses, therapists, and peer-support staff.

Mission Statement

East County Adult Mental Health Services aims to help patients with **psychiatric disabilities** improve their functioning and satisfaction in the community with minimal ongoing professional support, empowering them to develop necessary skills.

Treatment Philosophy

Our patient-centered approach focuses on individual strengths and is tailored, flexible, and culturally sensitive. We address mental health and co-occurring disorders while promoting wellness, recovery, and resilience.

Services Offered

- Psychiatric medication
- Individual, family and group therapy
- Case management
- Peer support services
- Money management
- Alcohol and other drugs services
- Vocational counseling services

Languages: Cost:	Coverage Area: This program covers residents of the following	Location: 2311 Loveridge Rd., 2nd Floor Pittsburg, CA 94565 Phone: (925) 431-2600	Mon 8:00 am - 5:00 pm Tue 8:00 am - 5:00 pm Wed 8:00 am - 5:00 pm
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	counties: Contra Costa County, CA.		Thu 8:00 am - 5:00 pm
			Fri 8:00 am - 5:00 pm
			Sat Closed
			Sun Closed

Contra Costa Health 24/7 Access Line toll-free at 800-846-1652

How to Access Services

Contra Costa Residents can access Alcohol and Other Drugs Services by calling:

The Behavioral Health Access Line which provides screenings for treatment & referrals information to the general public. The Behavioral Health Access Line also provides referrals to prevention programs. 800-846-1652 (Call Toll Free)

Calling the Crisis Line at 211 (English and Spanish) for contact information to treatment programs & resources.

Other Behavioral Health Resources

Mental Health Access: 1-888-678-7277

Suicide Crisis Hotline: 1-800-233-2900

Behavioral Health Access Line

Get care now for mental health and substance use. Call the 24/7 ACCESS Line at 1-888-678-7277.

Anyone can call for themselves or someone they care about.

Services offered

Get screened over the phone for mental health or substance use treatment.

Receive support and care as needed.

Ask questions or find services.

Get help with behavioral health services and filing grievances or appeals. *

Interpretation services for all languages in Contra Costa.

Please have your Medi-Cal or other insurance information ready. Our staff may ask questions about your behavioral health status and history.

*CCH's behavioral health services are offered to Contra Costa County residents who receive Medi-Cal benefits.

Suicide & Crisis Lifeline: Call 988

At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone.

Calling the 988 Lifeline

Here is what you can expect when making a call to the 988 Lifeline.

Step 1 of 5

First, you'll hear a message that gives you service selection options.

Listen to the [pre-recorded message](#) (mp3).

Step 2 of 5

We'll play some hold music while you are connected to a counselor with our Spanish-language, LGBTQI+ services, or your local 988 Lifeline contact center. For veterans, the phone will ring until a counselor can answer your call.

Step 3 of 5

A counselor will say hello and introduce themselves.

Step 4 of 5

Your skilled counselor will ask you if you are safe.

Step 5 of 5

After they ask about your safety, your counselor will listen to you, understand how your problem is affecting you, provide support, and share any resources that may be helpful.

211 Contra Costa

Call 211 for services including suicide prevention, shelter/housing, food assistance, mental health, family support, health and dental care, financial services, legal services, education/job training, and seniors/disabled adults.

- English: 800-833-2900

Spanish: 888-628-9454

- Text 'HOPE' to 20121

In-Person Services

If you're experiencing a mental health crisis and need to talk in person, visit Psychiatric Emergency Services at Contra Costa Regional Medical Center.

Psychiatric Emergency Services
2500 Alhambra Ave, Martinez, CA 94553
925-646-2800

Outpatient Programs: Outpatient programs don't require you to stay overnight. They include individual, group and family counseling, as well as education and relapse prevention.

Services Include:

- Assessment
- Personal treatment plan
- Encouragement to join support groups

Access Line Alcohol and Other Drugs 1-888-846-1652

Behavioral Health provides integrated care at all the mental health clinics. Youth can access treatment for substance use in the three child and adolescent mental health clinics.

CENTRAL COUNTY OUTPATIENT PROGRAMS

Maritza Monterrosa–HABLO ESPANOL Alcohol and Other Drug Services Martinez, CA 94553 925–335–3346 925–812–7417 (mobile) maritza.monterrosa@cchealth.org

WOMEN'S SERVICES FOR ALCOHOL AND OTHER DRUGS

Who is Eligible for Alcohol and Other Drug Women's Services?

Contra Costa Health serves low-income women and mothers who are pregnant or parenting who have insurance, are Medi-Cal eligible or who currently have no insurance coverage. Treatment services are based on a sliding fee scale. However, no one is denied services based on inability to pay.

What Services are Available for Pregnant and Parenting Women?

Perinatal services: Residential, detox and outpatient treatment programs throughout Contra Costa County for pregnant women and women with dependent children, including women who are attempting to regain custody of their children, as well as parents participating in [CalWORKs Welfare to Work](#).

SAMHWorks: Wellness to Independence

SAMHWorks: Wellness to Independence provides treatment assessment and referral services for CalWORKs recipients. Parents participating in CalWORKs Welfare to Work and considering substance use treatment are encouraged to contact the SAMHWorks offices below for assistance, but they can also contact treatment programs directly. SAMHWorks liaisons can help women on CalWORKs navigate barriers to treatment, including assisting with transportation and childcare.

- Antioch: 925-706-4688
- Pleasant Hill: 925-602-9444
- Hercules: 510-262-8572
- Richmond: 510-412-3200

Partnerships and Collaborating Agencies

To address the complex, multi-systemic needs of the women of Contra Costa County, we partner with other county agencies to offer comprehensive, interdisciplinary and quality care to our community's families.

- [Employment and Human Services \(EHSD\)](#)
- [Family, Maternal and Child Services \(FMCH\)](#)
- [Contra Costa County Public Health](#)
- [WIC Centers](#)
- [First Five](#)

Treatment and Recovery Resources for Teens and Youth ALCOHOL AND DRUG PREVENTION FOR YOUTH

CC Mental Health Crisis Services 925-646-2800

California Youth Crisis Line 800-843-5200

The Trevor Project (crisis intervention for LGBTQ+ youth) 866-488-7386

Al-Anon/Alateen (for families of alcoholics) Central/East County 925-932-6770

West County 510-528-4379

National Center for Missing & Exploited Children 800-843-5678

Men's Discipleship Program by Bay Area Rescue Mission

Eligibility:

- Must be male.
- This program helps people who are older than 17 years old.

Description:

The Men's Center provides an extensive, residential discipleship program for men seeking long-term relief from homelessness. The Discipleship Program is designed to show the pathway to restoration and hope, identifying destructive behavior while equipping clients with the necessary resources to establish independent lives of self-sufficiency and self-determination.

This program provides:

- Skills to break drug and alcohol dependence
- Job skills training and vocational classes
- Education and GED certification with local community colleges
- Counseling and spiritual guidance
- Financial literacy education
- Computer training
- Biblical training
- Life management skills
- Household management skills
- Job placement
- Transitional living

Individual and group counseling sessions are held on an on-going basis, and each program member attends three sessions per week. After graduation from the discipleship program, transitional housing is made available.

Languages: English, Spanish Cost: Free	Coverage Area: This program covers residents of the following counties: Alameda County, CA and Contra Costa County, CA.	Location: 200 Macdonald Ave Richmond, CA 94801 Next Steps: Call 510-215-4868	Phone: 510-704-7475 Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed
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Mental Health Programs by YWCA – Contra Costa

Eligibility:

Follow the Next Steps to find out if this program has eligibility criteria.

Description:

YWCA’s counseling services help people learn how to deal more effectively with situations in their lives such as depression, addiction and substance abuse, stress, problems with self- esteem, grief, issues related to mental and emotional health, and relational problems.

This program provides:

- Individual counseling
- Children Play Therapy
- LGBTQ+IA Counseling
- Family Counseling
- Family reunification services

Topics covered by counseling include:

- Anger Management
- Anxiety and stress
- Depression
- Divorce and separation
- Domestic violence
- Trauma
- Grief and loss; death and aging
- Substance abuse
- Adoption
- Gay/lesbian couple and family issues
- LGBTQ+IA
- Marriage and relationship counseling
- Parent/teen issues

We also accept Medi-Cal and Victims of Crime (VOC) funding.

Languages: English, Spanish	Coverage Area: This program covers residents of the following counties: Alameda County, CA and Contra Costa County, CA.	Location: 3230 Macdonald Ave Richmond, CA 94804 Next Steps: Call 925-372-4213	Phone: 510-234-1270 Sunday: Closed Monday: 7:30 AM - 5:00 PM PDT Tuesday: 7:30 AM - 5:00 PM PDT Wednesday: 7:30 AM - 5:00 PM PDT Thursday: 7:30 AM - 5:00 PM PDT Friday: 7:30 AM - 5:00 PM PDT Saturday: Closed
Cost: Sliding Scale			

BAART Programs Medication Assisted Treatment (MAT)

Eligibility:

Must have Medicare or Medicaid.

Description:

Medication-assisted treatment (MAT) is the use of medications, such as methadone or buprenorphine, in combination with substance abuse counseling to treat the disease of addiction. BAART’s medical, clinical and administrative staff clearly understand what a patient in treatment needs to successfully overcome opiate use disorder and live happier, healthier and more productive lives

This program provides:

- Comprehensive medical and psychosocial assessment
- Methadone Maintenance Treatment
- Methadone Detoxification Treatment
- Buprenorphine Treatment
- Counseling
- Addiction education
- Life skills education
- Group therapy
- Case management
- Referral services
- Random urinalysis and breathalyzer testing
- Relapse prevention and aftercare

Languages: English	Coverage Area: This program covers residents of the following states: AZ, CA, LA, NC, NE and VT.	Location: 1313 Cutting Boulevard Richmond, CA 94804 Next Steps: Call 510-232-0874	Sunday: Closed Monday: 5:00 AM - 2:00 PM PDT Tuesday: 5:00 AM - 2:00 PM PDT Wednesday: 5:00 AM - 2:00 PM PDT Thursday: 5:00 AM - 2:00 PM PDT Friday: 5:00 AM - 2:00 PM PDT Saturday: Closed
Cost: Reduced Cost			
Documents Required			

Identification: Photo ID			
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Community Wellness by Native American Wellness Center – Richmond

Eligibility:

Follow the Next Steps to find out if this program has eligibility criteria.

Description:

The Native American Health Center is a non-profit organization serving the California Bay Area Native Population and other under-served populations in the Bay Area.

Services offered at this location include:

- Native American Cultural Support and Activities
- Traditional Crafts
- Cultural Events
- Mental Health Support
- Health System Navigation
- Drug and Alcohol Recovery Support
- Elder Support
- Youth Health and Fitness
- Youth After-school Support

Every service we offer is culturally and spiritually based.

Languages: English	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: 2566 Macdonald Avenue Richmond, CA 94804 Next Steps: Call 510-232-7020	Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed
Cost: Reduced Cost			

Wellness City Program by RI International – Contra Costa

Eligibility:

This program helps people who are older than 17 years old.

Description:

Contra Costa Wellness City Program is a community made up of individuals embarking on or expanding their recovery journey from mental health or substance use challenges.

Services Include:

- Personal Wellness Recovery Coaching and Planning
- Recovery Learning Opportunities
- Community Linkages

People are offered a mix of classes and other services through Wellness City recovery learning opportunities. Care is founded on the recovery principles of hope, personal choice, empowerment, development of an environment of wellness, independence, encouragement of spirituality, and community enriched by contribution.

Languages: English Cost: Free	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Location: 2101 Vale Road Suite 300 San Pablo, CA 94806 Next Steps: Call 510-236-3020	Sunday: Closed Monday: 8:00 AM - 4:30 PM PDT Tuesday: 8:00 AM - 4:30 PM PDT Wednesday: 8:00 AM - 4:30 PM PDT Thursday: 8:00 AM - 4:30 PM PDT Friday: 8:00 AM - 4:30 PM PDT Saturday: Closed
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A3 Mobile Crisis Response Team – Anyone, Anywhere, Anytime

Description:

A3 is Contra Costa County's innovative approach to provide timely and appropriate mental and behavioral health crisis services to anyone, anywhere, at anytime in the county.

This program provides:

- Crisis Response

When to call the Mobile Crisis Response Team:

- Threatening suicide
- Severely depressed
- Verbally threatening someone
- Throwing objects or hitting furniture or walls
- Threatening to run away
- Could become a danger to themselves or others

Under 18, call Seneca Mobile Response Team at 877-441-1089

Over 18, call Contra Costa Mobile Crisis Response Team at 833-443-2672

<p>Languages: English, Spanish</p> <p>Cost: Free</p>	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.</p>	<p>Next Steps: Call 925-957-5150 844-844-5544</p>	<p>Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed</p>
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MEDICAL

Kaiser Permanente Richmond Medical Center (Emergency Room) (K-R)

address	hours	Contact and info
901 Nevin Ave Richmond, CA 94801	Emergency, 7 days Open 24 hours	Appointments: 510-307-1555 California Relay Service: 711 (TTY for the hearing/speech impaired) Information/Hospitalized patient status: 510-307-1500

Services: The following services are available at this location. Please note that for each service it may be different from the hours of the facility. Emergencies, urgent care, after-hours care and pharmacy are available.

Plans accepted at this facility: Exclusive Provider Organization (EPO), HMO, Medical Managed Care, Point-of-Service Plan (POS) and Senior Advantage

Urgent Care at Kaiser Permanente (K-R)

address	hours	contact
901 Nevin Ave, Building 2, Department 120 Richmond, CA 94801	Monday through Friday, Closed Saturday and Sunday, 8:30 am to 5 pm	Information: 510-307-1555

Pharmacy at Kaiser Permanente Hospital Outpatient (K-R)

address	hours	contact
901 Nevin Ave, building 1, 1st Floor Richmond, CA 94801	Monday through Friday: 8:30 am to 8 pm Saturday and Sunday: 9 am to 6 pm Holidays: 9 am to 6 pm	Information/Refill: 510-307-1515 Mail Order Phone: 1-888-218-6245

Pharmacy at Kaiser Permanente Hospital Inpatient (K-R)

address	hours	contact
901 Nevin Ave, 2nd Floor Richmond, CA 94801	Open 24 hours	Mail Order Phone: 1-888-218-6245

DRAFT

Contra Costa Regional Medical Center (CCRMC)

address	hours	contact
2500 Alhambra Avenue, Martinez, CA 94553	Emergencies, 24 hours per day	Main Phone: 925-370-5000 Emergency Department: 925-370-5975

About/Services: The emergency department (ED) provides emergency services to the community. It houses special rooms for pediatrics, OB/GYN, orthopedics, and ear, nose, and throat emergencies. Also provides mental health and behavioral health services.

John Muir Health – Concord Campus (JHM-CC)

address	hours	contact
2500 Alhambra Avenue, Martinez, CA 94553	Emergencies, 24 hours per day	Main Phone: 925-370-5000 Emergency Department: 925-370-5975

About/Services: The emergency department (ED) provides emergency services to the community. It houses special rooms for pediatrics, OB/GYN, orthopedics, and ear, nose, and throat emergencies.

John Muir Health – Walnut Creek Campus (JHM-WCC)

address	hours	contact
1601 Ygnacio Valley Road, Walnut Creek, CA 94598	Emergencies, 24 hours per day	Main Phone: 925-939-3000 Emergency Services: (925) 939-5800

About/Services: Areas of specialty include high- and low-risk obstetrics, pediatrics, orthopedics, rehabilitation, neurosciences, cardiac, emergency, trauma, and cancer care.

Kaiser Permanente Medical Center – Antioch (K-A)

address	hours	contact
4501 Sand Creek Road, Antioch, CA 94531	Emergency hours: 7 days, 24 hours Monday through Friday, 8:30 a.m. to 5 p.m. Saturday and Sunday, Closed	Main Phone: 925-813-6500

About/Services: Emergency and pharmacy are available.

Kaiser Permanente Medical Center – Walnut Creek (K-WC)

address	hours	contact
1425 S Main Street, Walnut Creek, CA 94596	Emergency hours: 7 days, 24 hours Monday through Friday, 8 a.m. to 5 p.m. Saturday and Sunday, Closed	Main Phone: 925-295-4000

About/Services: Additional Services, Amenities, Specialty Care, Primary Care, Imaging, Emergency Services, Laboratory, Pharmacy

San Ramon Regional Medical Center (SRRMC)

Address	hours	contact
6001 Norris Canyon Road, San Ramon, CA 94583	Emergency hours: 7 days, 24 hours	Main Phone: 925-275-9200

About/Services: Emergency, obstetrics, cardiovascular, robotic surgery, spine care, orthopedic, wound care, stroke treatment, therapy services, lung screening

Sutter Delta Medical Center (SDMC)

address	hours	contact
3901 Lone Tree Wy 1 st Floor, Antioch, CA 94509	Open 24 hours	Main Phone: 925-779-7200

Affordable Healthcare by Lifelong Richmond

Eligibility:

Anyone can access this program.

Description:

Federally Qualified Health Center (FQHC) that delivers affordable, accessible, quality, and value-based primary health care to everyone in our community regardless of their ability to pay. Our work helps to deliver care to the nation’s most vulnerable individuals and families, including people experiencing homelessness, agricultural workers, residents of public housing, and the nation’s veterans.

Services provided include:

- High quality, culturally competent, comprehensive primary care
- Supportive services such as health education, translation, and transportation
- Connections to pharmacy, mental health, substance use disorder, and oral health services

FQHCs accept Medicaid, Medicare, and provide a sliding-scale fee structure for those who do not have insurance or are underinsured.

<p>Languages: English</p> <p>Cost: Sliding Scale</p>	<p>Coverage Area: This program covers residents of the following counties: Alameda County, CA, Contra Costa County, CA, Marin County, CA, San Francisco County, CA and San Mateo County, CA.</p>	<p>Location: 2600 Macdonald Avenue Ste B Richmond, CA 94804</p> <p>Phone: 510-981-3227</p>	<p>Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM</p>
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			PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed
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DRAFT

RotaCare West Contra Costa

Eligibility:

Patients will be seen by appointment only. We will serve adults 18 years and older who have no health insurance

This RotaCare site will provide:

- **Urgent care services for Adults and Children**
- **Diagnostic testing services**
- **Physicals to help patients with employment, school & daycare admissions, and sports**
- **Referrals to community resources, social service resources, and health-related needs**
- **One-to-One classes for Diabetics**
- **Spanish-speaking interpreters**
- **Women's health services**

To make an appointment: Patients must call (510) 213-6678 on Tuesdays between 1:00 PM and 3:00 PM for either a same-day appointment or a Thursday appointment. For other questions please call, text message, or leave a voice message at any time. In any message, please provide your name, date of birth, phone number, and a brief description of your medical problem/reason for the appointment.

Languages:

English

Cost: Free

Location: LifeLong

Brookside Second Floor

2023 Vale Road

San Pablo, CA 94806

Phone: 510-213-6678

Tuesdays (Telephone appointments), 5:00pm

to 8:30pm

Thursdays (In-person appointments), 5:00pm

to 8:30pm

CONTRA COSTA HEALTH CENTERS

Health Center	Address	Phone	Hours of Operation	Services
Antioch Health Center	2335 Country Hills Drive, Antioch, CA 94509	(877) 905-4545	Mon-Fri 7:45am-8:30pm; Closed 11:45am-12:45pm; Closed major holidays	Family practice, adult medicine, pediatrics, prenatal care, behavioral health, women's health, lab, patient education, group classes, homeless clinic, mammography, ultrasound
Bay Point Family Health Center	215 Pacifica Avenue, Bay Point, CA 94565	(877) 905-4545; (925) 427-8337; (925) 608-5405	Mon-Fri 7:45am-4:30pm; Closed 11:45am-12:45pm; Closed major holidays	Family practice, prenatal care, women's health (PAP, breast exams, contraception, STI/HIV testing, medication abortion)
Brentwood Health Center	171 Sand Creek Road, Suite A, Brentwood, CA 94513	(877) 905-4545; (925) 513-6853; (925) 513-6802; (925) 513-6807	Monday, Tuesday, Wednesday 7:45 a.m. - 8:30 p.m. Thursday, Friday 7:45 a.m. - 4:45 p.m. <i>Health Center is closed daily from 11:45 - 12:45 for lunch. Also closed on all major holidays.</i>	Family medicine, pediatrics, prenatal care, women's health, lab services
Concord Health Center	3052 Willow Pass Road, Concord, CA 94519; 3024 Willow Pass	(925) 681-4100	Women's Health: Tue 8am-5pm	Women's health, outpatient services

	Road, Concord, CA 94519			
Martinez Health Center	2500 Alhambra Avenue, Martinez, CA 94553	(877) 905-4545; Dental: (925) 370-5300; Imaging: (925) 370-5320; Cardiopulmonary: (925) 370-5260	Monday-Friday 7:45 a.m. - 8:45 p.m.	Full medical services, lab, dental, diagnostic imaging, cardiopulmonary
Pittsburg Health Center	2311 Loveridge Road, Pittsburg, CA 94565	(800) 495-8885; (877) 905-4545; Dental: (925) 431-2501	Mon-Thurs 7:45am-8:30pm Fri 7:45-4:45 pm Lab: Mon-Fri 8am-4:30pm	Medical, dental, lab services
North Richmond Center for Health	North Richmond, CA (address not explicitly listed)	(510) 231-1370	Monday - Friday 7:45 a.m. - 4:45 p.m. Closed daily for lunch from 11:45 a.m. - 12:45 p.m. No MD/Family Nurse Practitioner available between 12-1 p.m.	Primary care, lab services
West County Health Center (San Pablo)	13601 San Pablo Avenue, San Pablo, CA 94806	(510) 231-9400; (800) 495-8885; (877) 905-4545; Imaging: (510) 231-9494	Monday - Thursday 8:00 a.m. - 8:45 p.m. Friday & Saturday	Medical, lab, imaging, women's health

			8:00 a.m. - 5:00 p.m.	
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DRAFT

SPECIAL POPULATIONS

SPECIAL POPULATION: YOUTH

Home Free by National Runaway Safeline (NRS)

Description:

The Home Free program reunites youth with their family or legal guardian or helps them get to an alternative living arrangement (ALA), such as a community-based transitional living program, through a free bus ticket.

This program provides:

- Transportation for runaway youth
- Help find housing

Youth must initiate the process by calling NRS' hotline and speaking with NRS Crisis Services team about their situation. Youth will also be screened for signs of human trafficking.

At the request of a youth, NRS can help identify and access a local safe place, such as a police station, runaway and homeless youth service provider, shelter, other local youth service provider, or a hospital emergency room. Once they are in a safe place, the Home Free application process can begin.

Languages:

English

Cost: Free

Coverage Area:

This program covers residents of All US states and territories.

Next Steps:

Call [800-786-2929](tel:800-786-2929)

Go to the [program's website](#)

Phone: 800-786-2929

Sunday: Open 24 Hours
 Monday: Open 24 Hours
 Tuesday: Open 24 Hours
 Wednesday: Open 24 Hours
 Thursday: Open 24 Hours
 Friday: Open 24 Hours
 Saturday: Open 24 Hours

Documents Required

Identification: NRS may request/require documentation, such as I.D.s or birth certificates, to verify the identities of all parties involved in the Home Free process, including from parents/guardians, service providers, siblings, or other parties whom the youth may be living with.

The Children’s Recovery and Family Education Program by Ujima Family Recovery Services

Eligibility:

- This program helps people who are 6 to 16 years old.
- The kids parents should have had a drug and/or alcohol problem.

Description:

The Children’s Recovery and Family Education Program offers support education counseling for children whose parents are addicted to Alcohol and other Drugs.

This program provides:

- Support and Education Groups for Children
- Individual Counseling for Children
- Case Management for Families

The program has two components:

- Kid’s Group is open to children ages 6-16 whose parents have or have had a drug and/or alcohol problem. In age appropriate weekly groups, the children are offered information and activities regarding addiction, feelings, denial, defenses, self-care and self-esteem.
- Parent Education Program includes individual, family and/or group counseling sessions and workshops/classes offered to parents, caregivers, biological, extended and foster families.

Languages:

English

Cost: Reduced Cost

Coverage Area:

This program covers residents of the following counties: Contra Costa County, CA.

Location: 1901 Church Lane
San Pablo, CA 94806

Phone: 510-236-3134

Sunday: Closed
Monday: 8:00 AM - 5:00 PM PDT
Tuesday: 8:00 AM - 5:00 PM PDT
Wednesday: 8:00 AM - 5:00 PM PDT
Thursday: 8:00 AM - 5:00 PM PDT
Friday: 8:00 AM - 5:00 PM PDT
Saturday: Closed

Claire's House by Catholic Charities of the East Bay

Eligibility:

This program helps people who are 12 to 17 years old.

Availability:

Full as of 6/10/2025. Call to check for availability

Description:

Claire's House is a home for children who have survived commercial sexual exploitation. The program provides counseling and trauma recovery services.

This program provides:

- Housing
- Restorative practices, trauma-informed therapy, and clinical case management
- Legal assistance
- Educational services
- Social skills development
- Independent living skills support
- Community connection
- Alumni support

Languages:

English

Cost: Free

Coverage Area:

This program covers residents of the following counties: Alameda County, CA and Contra Costa County, CA.

Location: 217 Harbour Way
Richmond, CA 94801

Call: 510-768-3143

Email csec@cceb.org to get more info

Sunday: Closed
Monday: 9:00 AM - 5:00 PM PDT
Tuesday: 9:00 AM - 5:00 PM PDT
Wednesday: 9:00 AM - 5:00 PM PDT
Thursday: 9:00 AM - 5:00 PM PDT
Friday: 9:00 AM - 5:00 PM PDT
Saturday: Closed

Case Management and Individual Counseling Services by RYSE Center

Availability:

available

Description:

RYSE provides trauma-informed individual counseling and individual case management to young people. RYSE Counselors work in collaboration with individuals to identify and work toward goals around personal health and wellness, increased self-empowerment, and/or ways to process trauma and stress.

Services provided:

- Case management
- Trauma-informed individual counseling

Members can approach any staff directly to get connected to these services. Additionally, family or kin may bring their young people to RYSE to get connected.

All services are provided at no cost to our youth.

<p>Languages: English Cost: Free</p>	<p>Coverage Area: This program covers residents of the following Contra Costa County, CA.</p>	<p>Location: 205 41st Street Richmond, CA 94805 Call: 510-374-3401</p>	<p>Sunday: Closed Monday: 12:00 PM - 7:30 PM PDT Tuesday: 12:00 PM - 7:30 PM PDT Wednesday: 12:00 PM - 7:30 PM PDT Thursday: 12:00 PM - 7:30 PM PDT Friday: 12:00 PM - 7:30 PM PDT Saturday: Closed</p>
<p>Serving: teens, children, and trauma survivors</p>			

RYSE Restorative Pathways Project (R2P2)

Eligibility:

- This program helps people who are 12-24 years old.
- This program serve individuals who reside in and/or were injured in Richmond and West Contra Costa.

Availability:

available

Description:

R2P2 provides supportive services for young people ages 12-24 who have experienced lethal injury by gun violence, stabbings, and assaults.

This program provides:

- Mentoring
- Intensive case management

Languages:

English

Cost: Free

Coverage Area:

This program covers residents of the following Contra Costa County, CA.

Location: 205 41st Street
Richmond, CA 94805

Call: 510-214-2584

Sunday: Closed
Monday: 12:00 PM - 7:30 PM PDT
Tuesday: 12:00 PM - 7:30 PM PDT
Wednesday: 12:00 PM - 7:30 PM PDT
Thursday: 12:00 PM - 7:30 PM PDT
Friday: 12:00 PM - 7:30 PM PDT
Saturday: Closed

Serving: young adults, teens, children, and trauma survivors

West County – Children’s Behavioral Health

Eligibility:

- This program helps children and youth between the ages of 5 and 19 and their families who live in West Contra Costa County.

Description:

Work from a strength-based, culturally- and trauma-informed, team-oriented perspective. Clinical services include wrap-around care including family partners and mentors and other family- and parent-support services that serve the youth within the context of family and community. Services are primarily clinic and school-based, but may also include some home-based care, if appropriate.

Services Offered

- Individual, family and group therapy
- Crisis intervention
- Psychiatric support/medication management
- Consultation and case management
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Trauma-focused therapy
- Family-based therapy for eating disorders

Languages:

Cost:

Coverage Area:

This program covers residents of the following West Contra Costa County, CA.

Location: 13585 San Pablo Avenue, 1st Floor
San Pablo, CA 94806

Call: 510-942-4600

Sunday: Closed
Monday – Thursday: 8:00 pm – 7:00 am
Friday: 8:00 PM – 5:00 PM
Saturday: Closed

Central County – Child & Adolescent Mental Health Services

Eligibility:

Children and youth ages 5 – 18

Description:

Central County Child & Adolescent Services is a children’s outpatient mental health clinic based in Concord and serves areas ranging from San Ramon to Martinez. The clinic primarily serves racially, ethnically, linguistically, sexually and gender diverse children and youth (ages 5-18) with Medi-Cal insurance and their families. Those we care for have moderate to severe emotional difficulties that impact them in home, school and community settings.

Services Offered

- Individual, Family, and Group therapy
- Intake assessments
- Psychiatric & outpatient services
- Wraparound, Family Partner, and Mentor Services
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Trauma-focused therapy
- Family-based therapy for eating disorders

Languages:

English

Cost: Medi-Cal

Coverage Area:

This program covers residents of areas ranging from San Ramon to Martinez

2425 Bisso Lane
 Concord, CA 94520
 Call 925-646-5468

Monday - Friday: 8 a.m. - 5 p.m.

SPECIAL POPULATION: SENIORS

Assisted Living Services by Always Best Care - California

Eligibility:

Follow the Next Steps to find out if this program has eligibility criteria.

Description:

Always Best Care offers free consultations for assisted living placements to help seniors and their families through the entire process.

This program provides:

- Consulting with you and your family to identify your care needs, preferences, and budget.
- Suggesting a shortlist of assisted living communities.
- Offering guided tours of select communities.
- Getting you placed in the community of your choosing

With Always Best Care's no cost referral services, clients are matched with the top three or four of Always Best Care's assisted living partners that offer the most appropriate living options based upon your individual needs, custom screening and available budgets.

Languages:

English

Cost: Free

Coverage Area:

This program covers residents of the following counties: Contra Costa County, CA, Kings County, CA, Los Angeles County, CA, Orange County, CA, Placer County, CA, Riverside County, CA, Sacramento County, CA, San Diego County, CA, San Joaquin County, CA, San Mateo County, CA, Solano County, CA and Ventura County, CA.

Location: Call [925-210-0323](tel:925-210-0323) (your nearest location)

Phone: 925-210-0323

Sunday: Closed
 Monday: 8:00 AM - 5:00 PM PDT
 Tuesday: 8:00 AM - 5:00 PM PDT
 Wednesday: 8:00 AM - 5:00 PM PDT
 Thursday: 8:00 AM - 5:00 PM PDT
 Friday: 8:00 AM - 5:00 PM PDT
 Saturday: Closed

SPECIAL POPULATION: FAMILIES/ CHILDREN/CHILDCARE

CalWorks - <https://benefitscal.com/> Individuals need to have a social worker through ALCO Social Services. For a referral to this program please contact assigned social worker at Alameda County Social Services. If a family has little or no cash and needs housing, food, utilities, clothing or medical care, they may be eligible to receive immediate short-term help. Families that apply and qualify for ongoing assistance receive money each month to help pay for housing, food and other necessary expenses

Independent Living Skills Program (ILSP)

Eligibility:

- This program helps people who are 16 to 21 years old.
- This program helps foster and group home youth who are transitioning from foster care to independence.

Description:

The Independent Living Skills Program (ILSP) program helps foster and group home youths ages 16-21 transitioning from foster care through emancipation to independence. Individualized case management and real world exposure are central to the ILSP experience.

This program provides:

- Skills assessment, collaborative input and regular meetings with the youth allows ILSP case workers to help clients achieve goals
- Educational Success - includes: school dropout prevention by identifying and securing resources; seeking out educational and vocational opportunities and assisting youth to find and secure financial aid resources for college or vocational education
- Employment Success - includes: a skills assessment process helps youth create their best employment plan; teaches resume preparation and job interviewing skills and assists the youth throughout the job search experience.
- Independent Living Success - Helps each youth acquire proper identification (social security card, drivers license, birth certificate); assists youth to find housing opportunities and obtaining transportation; places special emphasis on teaching financial and budgeting management; teaches health education (nutrition, health care, wellness)

Languages:

English, Spanish

Cost: Free

Coverage Area:

This program covers residents of the following counties: Alameda County, CA, Contra Costa County, CA, El Dorado County, CA, Marin County, CA, Placer County, CA, Sacramento County, CA, San Francisco County, CA, San Mateo County, CA,

Location: 401 Roland Way
Suite 100
Oakland, CA 94621

Phone: 510-839-3800

Phone: 707-576-7700

Sunday: Closed
Monday: 8:00 AM - 5:00 PM PDT
Tuesday: 8:00 AM - 5:00 PM PDT
Wednesday: 8:00 AM - 5:00 PM PDT
Thursday: 8:00 AM - 5:00 PM

	Solano County, CA, Sonoma County, CA and Yolo County, CA.		PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed

Reentry Success Center

Eligibility:

This program serves individuals and families impacted by incarceration.

Description:

The Reentry Success Center is a beacon of hope, healing, and justice for formerly incarcerated people and their families. Our vision is a future in which all formerly incarcerated people and their families are valued, empowered, and actively building better futures.

This program provides:

- Support Services

The Reentry Success Center provides free, integrated, and effective services to individuals and families impacted by incarceration. We also help you plan critical next steps after contact with police or courts.

Their welcoming hub offers:

- Family Services
- Financial Planning and Assistance
- Education & Training
- Employment Assistance
- Health & Wellness
- Housing Assistance
- Legal Services
- Public Benefits (such as Medi-Cal and CalFresh)

Languages:

English, Spanish

Cost: Free

Coverage Area:

This program covers residents of the following counties: Contra Costa County, CA.

Location:

912 Macdonald Avenue
Richmond, CA 94801

Phone: 510-679-2122

Sunday: Closed
Monday: 8:30 AM - 8:30 PM
PDT
Tuesday: 8:30 AM - 8:30 PM
PDT
Wednesday: 8:30 AM - 8:30
PM PDT
Thursday: 8:30 AM - 8:30 PM
PDT
Friday: 8:30 AM - 8:30 PM

			PDT Saturday: 10:30 AM - 2:30 PM PDT
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Bright Start: Prenatal & Well-Baby Care

Eligibility:

Follow the Next Steps to find out if this program has eligibility criteria.

Description:

Our Bright Start program provides pre-natal and well-baby care for expecting parents and newborns.

Services provided:

- Prenatal care & birthing support
- Well-baby care
- Medical support for the whole family
- Connections to supportive services
- Diapers

Brighter Beginnings accepts Medi-Cal, and offers a sliding scale fee program for low-income patients.

<p>Languages: English</p> <p>Cost: Sliding Scale</p>	<p>Coverage Area: This program covers residents of the following counties: Alameda County, CA, Contra Costa County, CA, Marin County, CA, San Francisco County, CA and San Mateo County, CA.</p>	<p>Location: 2727 Macdonald Avenue Macdonald Center Richmond, CA 94804</p>	<p>Phone: 510-236-6990</p> <p>Sunday: Closed Monday: 8:30 AM - 5:00 PM PDT Tuesday: 8:30 AM - 5:00 PM PDT Wednesday: 8:30 AM - 5:00 PM PDT Thursday: 8:30 AM - 5:00 PM PDT Friday: 8:30 AM - 5:00 PM PDT Saturday: Closed</p>
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The Rectory Women's Recovery Center

Eligibility:

- This program helps people who are 18 to 64 years old.
- Must be pregnant or the mother of children under the age of 12.
- Must be a low-income resident of Contra Costa County.

Description:

The Rectory Women’s Recovery Center is a residential therapeutic recovery program for pregnant and parenting women between the ages of 18 and 64 and their children up to the age of 12. We serve low-income women from Contra Costa County with an addiction to alcohol and/or drugs, for a maximum of 90 days.

Admission is provided regardless of ability to pay.

We provide:

- 24 Hour residential treatment in a homelike setting with a warm family atmosphere

Our community-based program helps women explore their alternatives in recovery, and take responsibility for their own lives. We also offer them the opportunity for personal recovery while continuing to care for their children.

<p>Languages: English Cost: Reduced Cost</p>	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA</p>	<p>Phone: 510-236-3134</p>	<p>Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT</p>
<p>Additional services:</p> <ul style="list-style-type: none"> - Alcohol and Drug Recovery Education - Individual, group and family counseling - Pregnancy support - Parenting education - Domestic Violence education - Child care and child development services - Life skills education - Individual and Group Trauma Therapy - 12 Step support - Relapse prevention education - Family reunification support - Transitional Housing - Alumnae activities - Psychiatric support 	<p>Please call to schedule a pre-admission interview. The admission of children is determined on an individual basis for each mother and for each child. Upon admission an assessment is made of the individual needs of each participant. The maximum length of stay will vary with the individual as she progresses through the phases of recovery.</p>		<p>Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed</p>

Ujima West Outpatient Treatment Program by Ujima Family Recovery Services

Eligibility:

Services are provided for pregnant and parenting women between the ages of 18 and 64 and their children ages of 0 to 5.

Description:

Ujima West Outpatient Treatment Program offers evidence based specialized services to promote recovery from drug and alcohol abuse for pregnant, postpartum and parenting women with young children. We respond to the unique needs of families devastated by addiction.

Services include:

- Outpatient alcohol and drug recovery program
- Alcohol and Drug Recovery Education
- Individual, group and family counseling
- Pregnancy support
- Parenting education
- Child care and child development services
- Life skills education
- Domestic Violence education
- 12 Step support
- Relapse prevention education
- Family reunification support
- Case coordination services
- Alumnae activities

Languages:

English

Cost: Reduced Cost

Coverage Area:

This program covers residents of the following counties: Contra Costa County, CA

Phone: 510-215-2280

Location: 1901 Church Lane
San Pablo, CA 94806

Sunday: Closed

Monday: 8:00 AM - 5:00 PM
PDT

Tuesday: 8:00 AM - 5:00 PM
PDT

Wednesday: 8:00 AM - 5:00
PM PDT

Thursday: 8:00 AM - 5:00 PM
PDT

Friday: 8:00 AM - 5:00 PM
PDT

Saturday: Closed

Pre-admission interviews are required. The admission of children is determined on an individual basis for each mother and for each child. Upon admission an assessment is made of the individual needs of each participant. The maximum length of stay is 180 days. The maximum length of stay will vary with the individual as she progresses through the phases of recovery.

Ujima Central Mothers Outpatient Program by Ujima Family Recovery Services

Eligibility:

This program helps pregnant women and mothers.

Description:

Ujima Central Mothers' Program is an intensive outpatient treatment program, located in Concord California, designed to support the successful recovery of pregnant women and mothers.

This program provides:

- Group and individual counseling
- Case management
- Free transportation
- Free childcare for children under 6
- Connection to local resources
- Reunification support
- Psychiatric services and medication management
- Individualized treatment plans
- After-care and discharge planning

Individuals seeking care will not be turned away due to inability to pay.

Languages:

English

Cost: Reduced Cost

Coverage Area:

This program covers residents of the following counties: Contra Costa County, CA

Call: 925-691-5083

Sunday: Closed

Monday: 8:00 AM - 5:00 PM PDT

Tuesday: 8:00 AM - 5:00 PM PDT

Wednesday: 8:00 AM - 5:00 PM PDT

Thursday: 8:00 AM - 5:00 PM PDT

Friday: 8:00 AM - 5:00 PM PDT

Saturday: Closed

Immigration Legal Services by Catholic Charities of the East Bay**Description:**

Catholic Charities of the East Bay offers Immigration Legal Services for immigrants who are in need of assistance, consultations, advocacy and support regarding legal immigration matters.

This program provides:

- Legal Consultations
- Removal Defense
- Family-Based Visa Petitions
- Fiancé Visas
- Consular Processing
- Inadmissibility Waivers
- Remove Conditions on Residency
- Permanent Residency (Green Card) Application and Renewal
- Naturalization/U.S. Citizenship
- Deferred Action for Childhood Arrivals (DACA)
- Unaccompanied Minors* (SIJS and Asylum)
- Victims of Domestic Abuse (VAWA)
- Victims of Violent Crimes (U-VISA)
- Temporary Protected Status (TPS)
- Request of Immigration Records (FOIA)
- Travel Documents (Advance Parole)

<p>Languages: English, Spanish</p> <p>Cost: Free</p>	<p>Coverage Area: This program covers residents of the following counties: Alameda County, CA and Contra Costa County, CA.</p>	<p>Call: 510-768-3100</p> <p>217 Harbour Way Richmond, CA 94801</p>	<p>Sunday: Closed</p> <p>Monday: 8:00 AM - 5:00 PM PDT</p> <p>Tuesday: 8:00 AM - 5:00 PM PDT</p> <p>Wednesday: 8:00 AM - 5:00 PM PDT</p> <p>Thursday: 8:00 AM - 5:00 PM PDT</p> <p>Friday: 8:00 AM - 5:00 PM PDT</p> <p>Saturday: Closed</p>

REACH Project

Description:

The Youth Intervention Program, established in 1983 and coordinated by REACH Project, Inc. for the City of Antioch, serves over 1,000 youths annually through **educational, counseling, and treatment services.** This collaborative initiative with local agencies aims to divert youth from the criminal justice system, achieving less than 8 percent recidivism. Over 92% of participants and their parents successfully complete the program requirements.

The following lists a sample of REACH services. Each program is a minimum 10 hrs, maximum 50 hours, and includes a certificate of completion:

EDUCATION AND SKILLS BUILDING WORKSHOPS

Highly participating and interactive curriculum addresses improved decision-making skills, anger management and drug/alcohol abuse prevention.

PARENT/TEEN EDUCATIONAL SERIES

Evening services are available for parents and their teenage children focusing on communication, mutual respect and problem solving.

COUNSELING AND TREATMENT

Adolescent and Adult treatment and recovery program services are offered on an outpatient basis through the local Alcohol and Other Drugs System of Care.

RESTORATIVE JUSTICE

Youth participants undergo a series of learning activities and exercises for the purpose of solidifying their understanding of the consequences of law violating behavior.

<p>Languages: Cost:</p>	<p>Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.</p>	<p>Call: 925754-3673 1915 "D" Street in Antioch</p>	<p>Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed</p>
		<p>Next Steps: REACH information, including how to enroll in services, can be obtained by calling (925) 754-3673.</p>	

East County – Children’s Behavioral Health

Description:

East County Children's Behavioral Health in Antioch is a community mental health center providing a wide array of mental health and support services to the children and families of Eastern Contra Costa County. We respond quickly and sensitively to the mental health needs of youth and their families in East County with culturally sensitive psychological support and advocacy.

Services are comprehensive in nature and all domains of a client's life are considered: school, family, peer relationships, community involvement, etc. Services range from individual therapy, family therapy, groups, parent education, wraparound services, medication support, AOD services, parent partner support and peer mentoring. In addition, we offer Evidenced Based Practices, including Dialectical Behavioral Therapy (DBT), Trauma Focused CBT, and Family Based Therapy (FBT).

Services Offered

- Individual, family and group therapy
- Intake assessments

- Case management
- Wraparound Services
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Trauma-focused therapy
- Family-based therapy for eating disorders

Languages: Cost:	Coverage Area: This program covers residents of the following counties: Contra Costa County, CA.	Call: 925-608-8700 2335 Country Hills Drive Antioch, CA 94509	Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed

West County – Children’s Behavioral Health

Description:

This is an outpatient mental health clinic located in San Pablo for children and youth between the ages of 5 and 19 and their families who live in West Contra Costa County. We work from a strength-based, culturally- and trauma-informed, team-oriented perspective. Clinical services include wrap-around care including family partners and mentors and other family- and parent-support services that serve the youth within the context of family and community. Services are primarily clinic and school-based, but may also include some home-based care, if appropriate.

Services Offered

- Individual, family and group therapy
- Crisis intervention
- Psychiatric support/medication management
- Consultation and case management
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Trauma-focused therapy
- Family-based therapy for eating disorders

Languages: Cost:	Coverage Area: This program covers residents of the following counties: West Contra Costa County, CA.	Call: 510-942-4600	Sunday: Closed Monday: 8:00 AM - 7:00 PM PDT Tuesday: 8:00 AM - 7:00 PM PDT
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		<u>13585 San Pablo Avenue,</u> <u>1st Floor</u> <u>San Pablo, CA 94806</u>	Wednesday: 8:00 AM - 7:00 PM PDT Thursday: 8:00 AM - 7:00 PM PDT
			Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed

SPECIAL POPULATION: VETERANS

Health Care for Homeless Veterans Program by US Department of Veterans Affairs (VA) – Veterans Health Administration (VHA)

Eligibility:

- Must be enrolled or eligible for VA Health System benefits.
- This program serves homeless veterans and their families.

Description:

Connecting homeless and at-risk Veterans with housing solutions, health care, community employment services and other required supports.

If you are a Veteran who is homeless or at imminent risk of homelessness, we strongly encourage you to contact the National Call Center for Homeless Veterans at (877) 4AID-VET (877-424-3838) for assistance.

Languages:

English

Cost: Free

Coverage Area:

This program covers residents of All 50 states.

Location: 4150 Clement

Street
San Francisco, CA 94121

Phone: 415-221-4810

Sunday: Open 24 Hours
Monday: Open 24 Hours
Tuesday: Open 24 Hours

			Wednesday: Open 24 Hours Thursday: Open 24 Hours Friday: Open 24 Hours Saturday: Open 24 Hours
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DRAFT

Housing Services by The Veterans Resource Program

Eligibility:

- adults 18+
- veterans
- physical disability
- homeless

Description:

The Veterans Resource Program (VRP) facility provides housing services for homeless veterans in the Bay Area. Veterans are able to rent a room/bed at a subsidized price tailored to meet the financial means of each veteran.

This program provides:

- Housing services

Additional services include:

- Help finding work

- Job training

- Information on higher educational opportunities

<p>Languages: English</p> <p>Cost: Reduced Cost</p>	<p>Coverage Area: This program covers residents of the following counties: Alameda County, CA, Contra Costa County, CA, Marin County, CA, Napa County, CA, San Francisco County, CA, San Mateo County, CA, Santa Clara County, CA, Solano County, CA and Sonoma County, CA.</p>	<p>Location: 322 Harbour Way Suite 9 Richmond, CA 94804</p> <p>Phone: 510-778-8785 Email: info@veteransresourceprogram.org</p>	<p>Phone: 510-778-8785</p> <p>Sunday: Closed Monday: 9:30 AM - 12:30 PM Tuesday: 9:30 AM - 12:30 PM Wednesday: 9:30 AM - 12:30 PM Thursday: 9:30 AM - 12:30 PM Friday: 9:30 AM - 12:30 PM Saturday: Closed</p>
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SPECIAL POPULATION: REFUGEES

Refugee Resettlement Program by Jewish Family and Community Services East Bay (JFCS)

Eligibility:

This program serves refugees.

Description:

JFCS's Refugee Resettlement Program serves refugees from around the world, particularly focusing on those who have experienced persecution based on their religion, ethnicity, sexual orientation or gender identity.

This program provides:

- Case management
- Pre-migration documentation and assistance
- Assistance with finding initial housing
- In-depth and ongoing cultural orientation
- Access to medical and mental health services
- Help enrolling clients in ESL classes and vocational support
- Help enrolling children in schools
- Linking to appropriate local resources
- Linkage to volunteers and tutors
- Help managing crises or family upheaval

Languages:

Arabic, English, Persian,
Russian, Spanish

Cost: Free

Coverage Area:

This program covers residents of the following counties: Alameda County, CA and Contra Costa County, CA.

Location: 470 27th Street
Oakland, CA 94612

Phone: 510-704-7475

Sunday: Closed
Monday: 8:00 AM - 5:00 PM
PDT
Tuesday: 8:00 AM - 5:00 PM
PDT
Wednesday: 8:00 AM - 5:00
PM PDT
Thursday: 8:00 AM - 5:00 PM
PDT
Friday: 8:00 AM - 5:00 PM
PDT
Saturday: Closed

SPECIAL POPULATION: LGBTQ

LGBT Refugee Services by JFCS

Eligibility:

Follow the Next Steps to find out if this program has eligibility criteria.

Description:

JFCS East Bay’s LGBT Refugee Services program provides comprehensive resettlement services for those refugees who are able to obtain status through the United Nations to come to the United States. JFCS East Bay is currently the lead organization in the United States resettling lesbian, gay, bisexual, transgender, and intersex refugees.

This program provides:

- Support with the migration process
- Assistance with transitional housing
- Help enrolling in benefits programs
- Assistance navigating the health care system
- Referrals to local services
- Counseling and mental health services
- Assistance finding educational and vocational resources
- Outreach to LGBT social and cultural groups
- Volunteer support with social integration, life skills, and learning English.
- Assistance finding housing

<p>Languages: English</p> <p>Cost: Reduced Cost</p>	<p>Coverage Area: This program covers residents of the following counties: Alameda County, CA and Contra Costa County, CA.</p>	<p>Location: 470 27th Street Oakland, CA 94612</p> <p>Next Steps: <u>Call 925-927-2000 ext.252</u></p>	<p>Phone: 510-704-7475</p> <p>Sunday: Closed Monday: 8:00 AM - 5:00 PM PDT Tuesday: 8:00 AM - 5:00 PM PDT Wednesday: 8:00 AM - 5:00 PM PDT Thursday: 8:00 AM - 5:00 PM PDT Friday: 8:00 AM - 5:00 PM PDT Saturday: Closed</p>
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PETS

Hold for Home (H4H) by East Bay Society for the Prevention of Cruelty to Animals (East Bay SPCA)

Eligibility:

Must meet the following criteria:

- Pet owners must be working with a Case Manager/Social Worker/Case Coordinator in some capacity related to their temporary crisis.
- Pets must be generally friendly – being shy is okay, but they cannot safely accept animals who are aggressive, have bitten before, or will not let them handle them.
- Pets must be generally healthy – they cannot accommodate any chronic medical issues requiring intensive monitoring or daily medications.
- Pet must be spayed/neutered – which they could do during their stay at no cost. This also applies to vaccines and microchipping.
- Must reside within Alameda or Contra Costa Counties.

Description:

East Bay Society for the Prevention of Cruelty to Animals (East Bay SPCA) provides a compassionate, comprehensive, and safe space for pet owners seeking assistance with their cats and dogs. Through the Hold for Home (H4H) program, they can temporarily house cats or dogs owned by folks experiencing some sort of temporary crisis and needing help with their pet while they focus on stabilizing their situation.

<p>Languages: English, Spanish Cost: Free</p>	<p>Coverage Area: This program covers residents of the following counties: Alameda County, CA and Contra Costa County, CA.</p>	<p>Next Steps: Apply on their website Call 510-563-4627 Email humaneadvocate@eastbayspca.org to get more info</p>	<p>Sunday: 11:00 AM - 5:00 PM PDT Monday: Closed Tuesday: Closed Wednesday: 11:00 AM - 5:00 PM PDT Thursday: 11:00 AM - 5:00 PM PDT Friday: 11:00 AM - 5:00 PM PDT Saturday: 11:00 AM - 5:00 PM PDT</p>
<p>This program provides: - Safe pet boarding - Veterinary services</p>	<p>They can hold animals a maximum of 4 weeks</p>	<p>Documents Required Other Documents: Proof of ownership such as microchip registration, adoption paperwork, veterinary records, rabies certificate, proof of licensure, screen shots of photos on phone with the date stamp showing. Any proof of ownership must be older than 30 days.</p>	

Emergency Veterinary Care by Feeding Pets of the Homeless

Description:

Feeding Pets of the Homeless provides financial assistance directly to veterinarians for pre-approved emergency veterinary care for pets whose owner is experiencing homelessness.

This program provides:

- Emergency vet care

The initial interview is conducted by a Case Manager who determines eligibility basis on agency criteria. All treatment is pre-authorized and payable directly to licensed veterinarians. Treatment always includes updating of vaccinations at no cost. Examples of the need for emergency treatment include: parvo; swallowing of foreign objects; open skin lesion; broken bones, ear infections, palpable growth and mange (skin mites). There is no charge to you but we would appreciate any payment made to the hospital at the time of the visit towards the invoice.

If you should you have a pet emergency injury or illness, apply by calling Monday – Friday.

Languages:

English

Cost: Free

Coverage Area:

This program covers residents of All 50 states.

Next Steps:

Call: 775-841-7463

Sunday: Closed

Monday: 9:00 AM - 3:00 PM PDT

Tuesday: 9:00 AM - 3:00 PM PDT

Wednesday: 9:00 AM - 3:00 PM PDT

Thursday: 9:00 AM - 3:00 PM PDT

Friday: 9:00 AM - 3:00 PM PDT

Saturday: Closed

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