



AGENDA REPORT

Mayor's Office

DATE:	May 5, 2026
TO:	Members of the City Council
FROM:	Mayor Eduardo Martinez and Councilmember Jamelia Brown
Subject:	Proclamation Recognizing May 2026 as Mental Health Awareness Month
FINANCIAL IMPACT:	There is no financial Impact on receiving this item.
PREVIOUS COUNCIL ACTION:	May 6, 2025
STATEMENT OF THE ISSUE:	Mental health challenges are a growing concern in communities across the nation, including Richmond, where many residents face high rates of trauma, stress, housing insecurity, and substance use. Despite the increased need, stigma and limited access to culturally responsive mental health care continue to be a barrier to seeking support. This proclamation aims to raise awareness, reduce stigma, and affirm the City of Richmond's commitment to supporting the mental well-being of all its residents by recognizing May 2026 as Mental Health Awareness Month.
RECOMMENDED ACTION:	PROCLAMATION recognizing May 2026 as Mental Health Awareness Month in the City of Richmond - Mayor Eduardo Martinez (510-620-6503).

DISCUSSION:

Since 1949, Mental Health Awareness Month has been observed in the United States to raise awareness about mental health, promote access to care, and eliminate stigma surrounding mental health challenges. Many residents in the City of Richmond face elevated rates of trauma, substance use, housing instability, and poverty, all of which intersect mental health outcomes. This proclamation acknowledges these realities while

also highlighting the strength and resilience of Richmond residents and the importance of community-based support.

Mental Health Awareness Month is an opportunity for the City to reaffirm its dedication to emotional wellness, equity, and trauma-informed approaches to community care. This proclamation encourages public dialogue, increases visibility for local service providers, and uplifts the ongoing work of Richmond's mental health advocates.

DOCUMENTS ATTACHED:

Attachment 1 – Proclamation Recognizing May 2026 as Mental Health Awareness Month in the City of Richmond